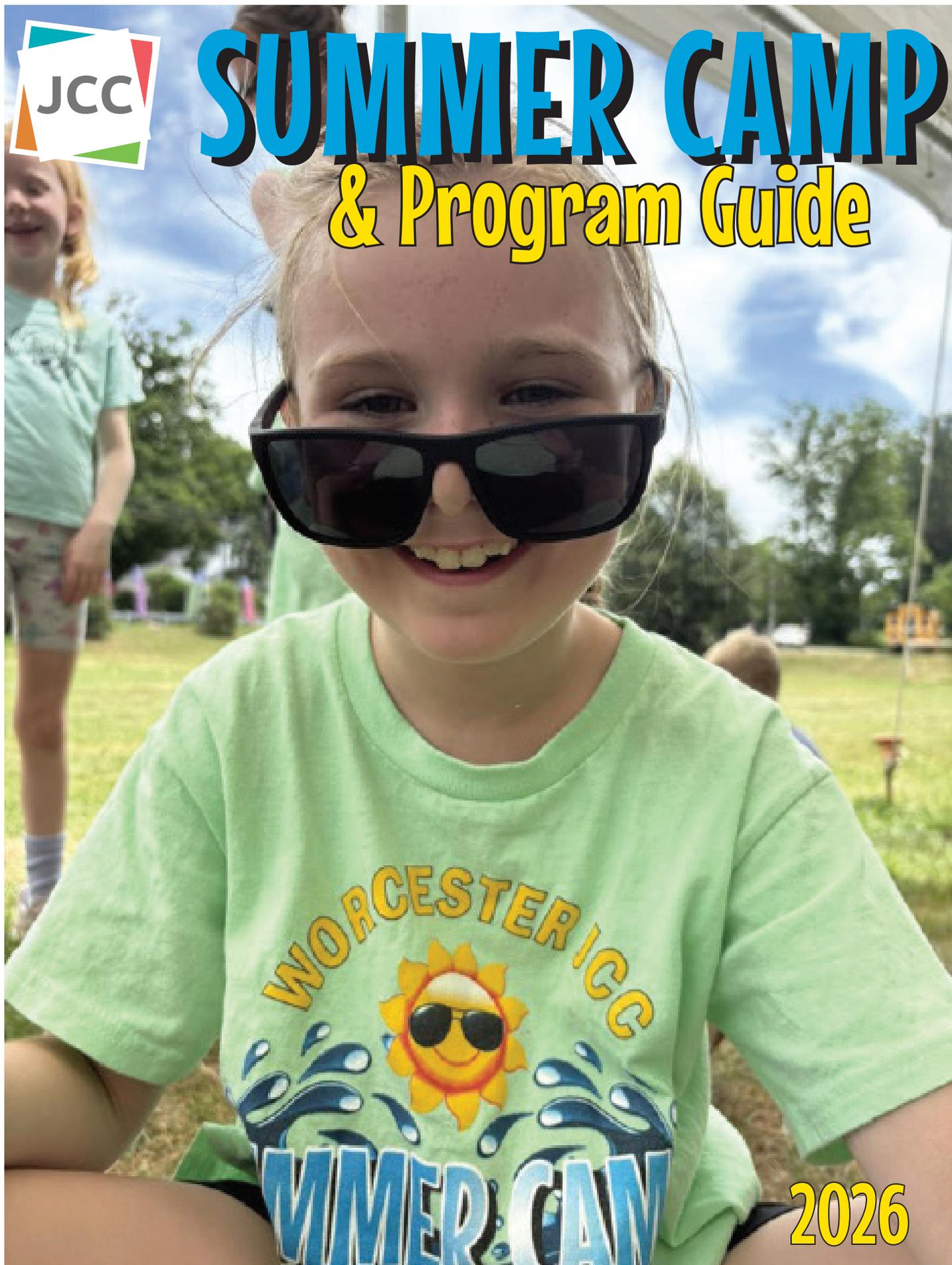




SUMMER CAMP & Program Guide



2026

CampDoc

Online Registration

What is CampDoc? CampDoc.com is an easy-to-use web-based solution for camp management, online camp registration, health form management, medications/allergies and guardian contact information for camp.

How do I register for Camp? Go to www.worcesterjcc.org and click on “Register for Summer Camp” which brings you to the CampDoc page. Create a username and password and log-in. A one time fee of \$50 per child is required to process the registration. You will then be able to continue the registration process quickly and easily!

How do I pay for Camp? CampDoc will take payments for your deposits (\$75 per camp week) and create a payment plan for you within the online portal.

Can I go back into CampDoc and see what I registered for? Once you create an account, all your information will be saved and useable for future 2026 camp registrations. No need to refill out important paperwork. You can log in anytime to review your registrations.

Important Reminders:

Massachusetts mandates we have physical health forms for all campers and required CDC immunizations. This is strictly enforced.

If we do not have the forms prior to the first day of camp WE CANNOT ALLOW the child to join the JCC Camp until the form has been received.

We do not accept registrations beyond the Thursday prior to the camp week.

Upload medical forms for Summer Camp by May 15!

Mass. regulations require that children must be screened for lead poisoning by a healthcare provider at ages 2 and 3 and again at 4 *if the child lives in a high-risk community* (as defined by the Mass. Dept. of Public Health)

A parent/guardian must provide proof of at least one lead screening before entering childcare, preschool or kindergarten.

Upload
medical forms
to Camp Docs
for Summer Camp
by May 15!



Welcome to Camp JCC!



Table of Contents

Preschool Program

Preschool Program4
 Preschool Typical Day5
 Preschool Activities.....6
 Preschool Electives7

Day Camp

Day Camp Typical Day 8-9
 Maccabiah.....9
 Day Camp Upper Unit Electives... 10-11
 Senior Campers..... 12
 CIT Campers9

Sports Camp

Sports Camp Typical Day 13
 Basketball Camp.....14
 All-Sports Camp15
 Soccer Camp.....15
 Sports Camp Electives15
 Rich Gedman Baseball Camp..... 16

Extravaganza Week 17
 Swim Lessons 17
 Camp & Program Fees18-19
 General Information 20
 Camp & Program Policies21
 About our Directors.....22



Preschool Summer Program



The “home base” for our Preschool Summer Program is the J’s big and bright Early Childhood Center. The staff-to-child ratio is 1:10 and a maximum of 20 children in each Preschool 3, 4 and 5 classroom.

AGE REQUIREMENTS:

Child must be age 2.9 to start program.

PRESCHOOL SUMMER WEEKS

- Week A: June 8–12
- Week B: June 15–19
- Week 1: June 22–26
- Week 2: June 29–July 2
- Week 3: July 6–10
- Week 4: July 13–17
- Week 5: July 20–24
- Week 6: July 27–31
- Week 7: August 3–7
- Week 8: August 10–14

No extended PM on August 14 - center closes at 4pm

The Early Childhood Center is closed August 17–August 28

- New electives available
- Daily activities
- Air-conditioned classrooms
- Two age-appropriate playgrounds
- American Red Cross swim lessons
- Free t-shirt!

PRESCHOOL RATES

HALF Day Program 9am–1pm

Mon–Fri.....	\$310
Week 2 (no program July 3).....	\$230

FULL Day Program 9am–4pm

Mon–Fri.....	\$346
Week 2 (no program July 3).....	\$285

PARTIAL WEEKS 9am–4pm

Mon., Wed., Fri.....	\$285
Week 2 (no program July 3).....	\$215
Tues., Thurs.....	\$215
Week 2 (no program July 3).....	\$215



PRESCHOOL ELECTIVES

with Add'l Fee Per Day (ages 4 & 5)

Born to Move	\$25
S.T.E.M.	\$25
Team Building/Games/Sports.....	\$25
Water Play Fun	\$25
Tower Hill	\$30

PRESCHOOL AM / PM CARE

7:30am–9am or 4pm–5:30pm.....Both am & pm

Mon–Fri	\$75	\$130
Week 2 (no program July 3)	\$60	\$105

No extended PM on August 14 (closes at 4pm)

To receive member benefits, your account must be current (no past due amounts) and your membership must be active by early registration date February 9, and thru August 31.



Typical Day With Optional AM/PM Care

- 7:30 - 9 Optional AM Care (Add'l fee)
 - 9 Arrival / Morning Rally
 - 9:15 Morning Rally
 - 9:30 Activity*
 - 10 Snack
 - 10:30 Activity*
 - 11:35 Red Cross Swim Lessons
 - 12 Lunch
 - 1 ½ day Children Dismissal
- 1 - 2:45 3 Year old rest time
 - 1 4's Quiet Activities or Optional Elective**
 - 1 5's Activity* or Optional Elective**
- 2 - 2:30 5's Free Swim
 - 2:45 Snack
 - 3 Activity*
 - 4 Full Day Dismissal
- 4 - 5:30 Optional Extended Day Program (Add'l fee)

*SUMMER PROGRAM ACTIVITIES

(see pg. 6)

- Morning Rally
- Music and Movement
- Nature Explorers
- Red Cross Progressive Swim Lessons

**SUMMER PROGRAM ELECTIVES

(add'l fee - see pg. 7)

- Born to Move
- S.T.E.M.
- Team Building/Games/Sports
- Water Play Fun
- Tower Hill

[See page 21 for Special Needs / Accommodations Policy](#)

IMPORTANT REMINDER:

Massachusetts mandates we have physical health forms for all children and required CDC immunizations. The JCC strictly enforces this mandate.

If we do not have the forms prior to the first day of camp WE CANNOT ALLOW the child to join the JCC Camp until the form has been received.

We do not accept registrations beyond the Thursday prior to the camp week.

Upload medical forms for Summer Camp by May 15!

Mass. regulations require that children must be screened for lead poisoning by a healthcare provider at ages 2 and 3 and again at 4 *if the child lives in a high-risk community* (as defined by the Mass. Dept. of Public Health)

Children must provide proof of at least one lead screening before entering childcare, preschool or kindergarten.



Upload medical forms by May 15!



Preschool Summer Program Activities

MORNING RALLY

Every morning during the Summer Program, all preschool children will come together as a community to sing and dance at our fun Morning Rally! The children will quickly learn these silly, catchy songs and dance moves!

NATURE EXPLORERS

Children will deepen their connection to the natural world with walks to the pond, following trails through the woods and hands-on activities. They will get messy as they learn about the outdoors and have fun in their surroundings.

RED CROSS PROGRESSIVE SWIM LESSONS

We love hot, sunny days in the summer, but it's important to jump in the pool and cool down! Preschool 3's, 4's and 5's will receive safe, fun and stimulating swim lessons from certified American Red Cross Swim Instructors every day. Preschool 4's 5s will have an additional "free swim" period in the afternoons! Certified lifeguards are always on duty at the indoor and outdoor pools.



Preschool Electives for ages 4 & 5



**New England
Botanic Garden**
AT TOWER HILL

Holly Miller, Youth Education Manager

from New England Botanic Garden will lead our preschoolers on a nature journey to discover and study about critters, birds and insects. Minimum of 10 participants to run these programs.

LET'S GET GROWING

Week B, Monday, June 15, 1:00pm \$30/class

Explore the wide world of plants as we sing songs, read, play, investigate, and plant our own beans to care for in the classroom.

CLOUD WATCHING

Week 2, Monday, June 29, 1:00pm \$30/class

Become a meteorologist and uncover how clouds form, what clouds are made of, and more as we embark on a cloud watch. Paint a watercolor cloud portrait and make a pair of cloud watching binoculars to continue your cloud studies at home.

FANTASTIC FROGS

Week 4, Monday, July 13, 1:00pm \$30/class

Learn about the lifecycle and adaptations of these amazing amphibians as we play frog games, read, investigate, and craft our own camouflaged frog.

POLLINATOR POWER

Week 7, Monday, August 3, 1:15pm \$30/class

Learn about a flower's special helpers, pollinators. Explore the different pollinator species and their importance to plants by reading a story, singing a song, and making your own pollinator pal to take home.



NATURE EXPLORATION

Week 1: Tuesday/Wednesday/Thursday, \$25/day

Exploring our world is fun! Children are born to explore and learn about the world around them. Nature provides countless opportunities for discovery and creativity. Exploring in nature gives children a holistic boost and enhances their overall well-being. Let's get exploring!

BORN TO MOVE

Week 2 & 8: Tuesday/Wednesday/Thursday, \$25/day

Children will fall in love with music and movement! They will experience the joy of moving to music that lets them master moves quickly. Let their confidence soar to new heights!

TEAM BUILDING GAMES/SPORTS

Week 3: Tuesday/Wednesday/Thursday, \$25/day

Preschoolers learn about teamwork through fun games and simple team sports. They gain a sense of community and learn respect for others and the rules of the game. This elective provides your child with the opportunity to move around, build strength and be part of a team.

JCC JUNIOR CHEFS

Week 4, Tuesday/Wednesday/Thursday, \$25/day

Our certified preschool teachers will demonstrate fun and creative recipes for the young chefs. Cooking can help children learn and practice basic math concepts and build language skills through preparing, measuring, counting, following directions and, of course, eating!

S.T.E.M.

WEEK 5: Tuesday/Wednesday/Thursday, \$25/day

S.T.E.M. activities build crucial foundational skills like problem-solving, critical thinking, and creativity through hands-on play, boosting curiosity and academic readiness for future success in math, science and technology.

WATER PLAY FUN

WEEK 6: Tuesday/Wednesday/Thursday, \$25/day

Summer is hot! Getting wet is one way to keep cool. Water Play is a favorite activity for young children. It enhances their creativity and imagination, promotes good health and well-being and provides opportunities for explorative learning. And it's so much FUN too!

ART ADVENTURES

Week 7, Tuesday/Wednesday/Thursday, \$25/day

Art engages a child's senses in open-ended play and supports development of cognitive, social-emotional and multisensory skills. Art is an excellent tool for helping children take a creative concept from start to finish, work through artistic challenges and mistakes, and have fun while learning. This class offers the freedom to manipulate different artistic materials in an organic unstructured way. Let's get creative together!

Day Camp Grades 1-9

Our program focuses on activities that enable children to grow, build relationships, and develop self-esteem throughout the summer. Activities include sports, swimming, nature, arts and crafts and much more. Children are divided into groups based on age.

- Swim lessons taught by American Red Cross certified instructors
- Maccabiah games Week 9 - no electives
- All campers receive a camp T-shirt
- Daily free swim

Typical Day

Lower Unit - Entering Grades 1 & 2

- 2 swims daily
- 7:30 Optional AM Care (Add'l fee)
- 9 Flagpole/Morning Rally
- 9:30 Instructional Swim/Snack
- 11 Activity*
- 12–12:30 Lunch
- 12:30 Activity*
- 1:30 Free Swim/Snack
- 2:30 Activity*
- 3:30 Flagpole/Closing Round Up
- 4 Pick Up
- 4–5:30 Optional PM Care (Add'l fee)

***ACTIVITIES INCLUDE: Art, Nature, Sports, GaGa, Playground, Israeli Culture**

Upper Unit - Entering grades 3 - 8

- Campers register for a single elective that runs 5 mornings each week; 10:30am–12pm
- Daily instructional and free swim
- 7:30 Optional AM Care (Add'l fee)
- 9 Flagpole/Morning Rally
- 9:15 Swim Lessons/Alternative Activity/Snack
- 10:30–12 Electives
- 12–12:30 Lunch
- 1 Free Swim/Activity*
- 1:30 Snack
- 2 Activity*
- 2:45 Activity*
- 3:30 Flagpole/Closing Round Up
- 4 Pick Up
- 4–5:30 Optional PM Care (Add'l fee)

Maccabiah (Grades 1 - 9 Campwide!) Week 9

A week long, camp-wide competition! Day camp will split into two teams, RED and BLUE, and will compete in various fun activities. Activities will include sports, games, water, art, team building, and most of all TEAM SPIRIT! Each team will create a team chant and a team banner representing their team name and spirit. At the end of the week we will celebrate with pride and good sportsmanship during the closing ceremony. Who's it going to be? RED or BLUE? Let the games begin!

No swim lessons or electives during this week.





CAMP WEEKS

Week 1: June 22–26

Week 2: June 29–July 2

Week 3: July 6–10

Week 4: July 13–17

Week 5: July 20–24

Week 6: July 27–31

Week 7: August 3–7

Week 8: August 10–14

Week 9: August 17–21

Week 10: August 24–28, Extravaganza

CAMP RATES

Weeks 1, 3 - 9.....\$350

Week 2\$280, No camp July 3

AM / PM CARE

7:30am–9am or 4pm–5:30pm..... Both am & pm

Mon–Fri\$75 \$130

Week 2 (July 4th week)....\$60..... \$100



CiTs (Counselor in Training) Grade 10



Our CIT Program encourages responsible young teens to work with a variety of ages and specialists with a strong focus on developing leadership capabilities, communication skills, and patience. CIT's get "on the job" training and gain experience managing time, working as a team, and planning and implementing camp programs.

RATES

Weeks 1, 3, 4–9 \$280

Week 2, no camp July 3..... \$225



Upper Unit Elective Weeks

WEEK 1: JUNE 22 - 26

ON-SITE

Art Fusion, Basketball, Gimp Galore

WEEK 2: JUNE 29 - JULY 2

ON-SITE

Delicious Dishes +\$50, Court Sports, Life's A Bead

WEEK 3: JULY 6 - 10

OFF-SITE

Botanical Gardens +\$215, Horeseback Riding +\$400

ON-SITE

Art Fusion, Legos in Motion +\$160, Turf Games

WEEK 4: JULY 13 - 17

OFF-SITE

Senior Campers - Brownstown Adventure Park +\$85

Ultimate Obstacles +\$140, Golf +\$180

ON-SITE

Born To Move And Refuel, Camp Crafts, Court Sports, Diamond Art, Tennis +\$50, Mad Science +\$160

WEEK 5: JULY 20 - 24

OFF-SITE

Gone Fishin' +\$100, Worcester Craft Center +\$240

ON-SITE

Basketball, Bracelet Bonanza

WEEK 6: JULY 27 - 31

OFF-SITE

Senior Campers - Club Getaway +\$275

Ultimate Obstacles +\$140, Golf +\$190

ON-SITE

Legos in Motion +\$160, Court Sports, Cake Wars +50, Tennis, Art Fusion

WEEK 7: AUG 3 - 7

OFF-SITE

Horseback Riding +\$400

ON-SITE

Soccer, Diamond Art, Frisbee Games, Born To Move & Refuel, Camp Crafts

Senior Campers - Overnight at the J +75

WEEK 8: AUG 10 - 14

OFF-SITE

Gone Fishin' +\$100

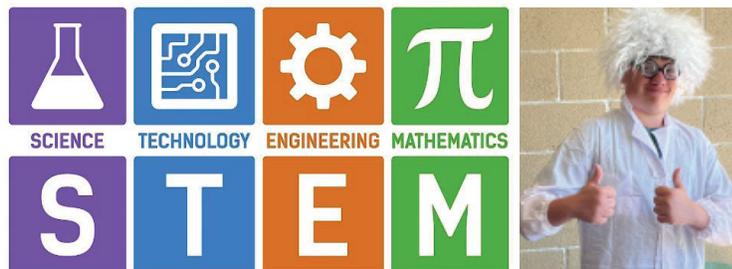
ON-SITE

Court Sports, Art Fusion, Gimp Galore

WEEK 9: AUG 17 - 21

ON-SITE

Maccabiah



Each Week: Fee +\$160, Max 20

EXTREME LEGOS IN MOTION



"Hands-On, Minds-On: Building the Future!" Week 3, 6

This immersive camp combines LEGO Robotics and KEVA Plank engineering to spark curiosity, creativity, and critical thinking.

- LEGO Robotics: Design, build, and program robots using LEGO brick systems.
- KEVA Plank Challenges: Build towers, bridges, and machines learning balance and stability.
- Daily Engineering Adventures: Experience a new engineering theme every day!



MAD SCIENTIST "Bubble, Fizz, and Explode into Science!" Week 4

Unleash your inner scientist with wacky, hands-on experiments!

- Glow-in-the-Dark Slime: Explore the science of polymers.
- Rocket Launches & Plasma Balls: Learn physics and electricity through interactive experiments.
- Ooey-Gooey Fun & Spectacular Reactions: Erupt volcanoes, stretch slime, and watch liquids change color!

Elective Descriptions

ART FUSION, Weeks 1, 3, 6, 8 Gimp, modpodge, duct tape & more!

BASKETBALL, Weeks 1, 5, 8 Around the world, H-O-R-S-E, knock-out and other wild b-ball games.

BORN TO MOVE & REFUEL, Weeks 4, 7, Les Mills BORN TO MOVE is a fun fitness program. It uses music, movement, and the power of group fitness to boost energy, increase skill level and generally make you feel awesome! The 45 minute program is followed with a stop at the smoothie station to make your own!

BOTANIC GARDENS, OFF-SITE, Week 3, Fee +\$215 Campers will visit N.E. Botanic Garden at Tower Hill. They'll explore trails and hike to the summit and learn from a landscape designer and create a mini-herb garden, explore exotic plants and create their own miniature succulent terrarium, use watercolor techniques to create their works of art using the gardens as inspiration and create their own fairy house or gnome home.

BRACELET BONANZA, Week 5, You'll make all sorts of styles of bracelets. From safety pin bracelets and magazine bead bracelets to button bracelets, ID bracelets and more. Max 16

CAKE WARS, Week 6, Fee +\$50 4 teams of decorators will decorate cakes to match the theme of the week. On Friday teams will be judged and awards will be given to the best decorators! Max 16

CAMP CRAFTS, Weeks 4, 7, Friendship bracelets, wind chimes, pet rocks, dream catchers and more. Max 16

COURT SPORTS, Weeks 2, 4, 6, 8, Basketball, Knockout, 4 Square, Star Wars and more!

CROCHET CREATURES & CREATIONS! CLASS AT THE WORCESTER CENTER FOR CRAFTS, Week 5 +\$240 Campers will learn the basic crocheting techniques; starting a chain, single and double crochet stitches, and making a magic circle. After mastering these skills, they'll bring their imagination to life by creating colorful patchwork squares and adorable crochet creatures! From tiny animals to whimsical monsters, students can turn their yarn creations into wearable art, bags, scarves, and more! Max 10

DELICIOUS DISHES, Week 2, +\$50 Chocolate – fruit - whipped cream and more. Max 16

DIAMOND ART, Weeks 4, 7, No pressure needed to make these diamonds! You will create diamond art stickers, pictures, bracelets, book markers and more. Max 16

FRISBEE GAMES, Week 7, Campers will work on their throwing motions and play various games including Ultimate Frisbee and Frisbee Golf!

GOLF, OFF-SITE, Weeks 4, 6, Fee +\$180 Kettle Brook Golf Club has a unique program for us. It covers full swing fundamentals, putting, pitching, chipping and course etiquette. Proper golf attire required. Clubs not needed or bring your own. Max 12

GONE FISHIN', OFF-SITE, Weeks 5, 8 Fee +\$100 Fishing at some favorite fishing holes! Campers learn the basics of fishing, tying hooks, baiting, casting, catching and releasing. We supply the poles or bring your own. (10am–1pm) Max 10

GIMP GALORE, Weeks 1, 8 Campers will learn the box stitch, butterfly stitch, the Cobra Doggle, the Zipper Doggle and much more. They will make bracelets, jewelry, key chains and more. Join the fun!

HORSEBACK RIDING, OFF-SITE, Weeks 3, 7, Fee +\$400 Campers travel to Cornerstone Ranch and learn the basics of how to catch, lead, brush, saddle, mount and care for a horse with an authentic HORSE SHOW ON Friday! Suitable riding attire required (long pants and footwear with a heel) Max 12

LIFE'S A BEAD, Week 2, Learn basic principles of beading. Using wires, beads, and various materials campers will create bracelets, earrings, necklaces, key rings and more! Max 16

SOCCER, Week 7, A variety of soccer games/matches.

TENNIS, Weeks 4, 6, +\$50 Our Tennis Instructor will teach the fundamentals of Tennis through games and drills. We supply rackets or bring your own. Max 12

TURF GAMES, Weeks 3, Flag football, soccer, capture the flag and more...

ULTIMATE OBSTACLES, OFF-SITE, Weeks 4, 6, +\$140 We'll travel to Ultimate Obstacles, New England's premier Ninja warrior and obstacle course race training facility! They will learn skills and gain confidence on various obstacles and courses. Campers will head right across the hall to The School Yahd and play various fun games like kickball, home run derby, wiffleball, and more!

Senior Campers

Grades 7, 8 & 9

As Senior Campers you'll have all the excitement of camp... weekly electives, community service mitzvah (good deed) projects and help in the planning of camp wide activities. Make new friends and having loads of fun!

RATES

Weeks 1, 3 - 8.....\$350
Week 2\$265

Join us for our NEW Teen Travel Programs!



July 15, 9am-5pm, \$85 fee
Senior Campers must be registered for camp Week 4, July 13 - July 17 to participate.

Brownstone Park in Portland CT is the perfect place to hang out with friends. There are plenty of water obstacles along with Cliff Jumping, Rock Climbing, Zip Lines, Waterslide, and Inflatable Obstacles. There are 11 Zip lines! On each Zip Line, you'll get the thrill of sliding into the water at top speed.



July 27 - July 29, 3 days and 2 nights with 7 meals, \$275 fee



Club Getaway located in Kent, CT is the premier destination for camps in the Northeast where there is something for everyone. Clubgetaway staff will engage your group every step of the way, facilitating activities like ziplining, archery and an aerial ropes course. The fun doesn't end just because the sun sets. Of course there are s'mores around the campfire, but kids will also enjoy our dance parties, night hikes and game shows.

The JCC bus will drop the group off on Monday and return on Wednesday to pick them up. The trip will be chaperoned by Chris Dionis, Asst. Camp Director and a female counselor. Our chaperones will be always participating in all the activities and with the campers. The girls will be in a big cabin with our female counselor, and the boys will be in a big cabin with Chris. Check out their website to see all the fun activities and the meal menus.



Over Night at the J! August 6, 4pm - August 7, 9am, \$75 fee

Senior Campers must be registered for camp Week 7, August 3 - August 7 to participate.

- Private after-hours pool party
- Pizza party and make your own sundae bar
- Late night movie on the big screen
- Games and other fun activities
- Breakfast before camp

Minimum 10, maximum 20

Sports Camps Grades 1-9



Typical Day

- 7:30—9 Optional AM Care (Add'l fee)
- 9:00 Morning Meeting/Player of the Day Nominations
- 9:15 Gameplay (All Sports) or Drill Stations/Contests
- 10:15 Morning Break
- 10:30 Gameplay/Elective (All Sports) or Scrimmages
- 11:30 Lunch
- 12 Free Swim/Open Gym/Movie Elective
- 1 Gameplay (All Sports) or Contests/Skills
- 2:15 Afternoon Break and Snack
- 2:30 Gameplay (All Sports) or Scrimmages
- 3:30—4 End of Day/Dismissal
- 4 Pick Up
- 4—5:30 Optional PM Program (Add'l fee)

Camp Weeks

- Week 1: June 22—26
- Week 2: June 29—July 2
- Week 3: July 6—10
- Week 4: July 13—17
- Week 5: July 20—24
- Week 6: July 27—31
- Week 7: August 3—7
- Week 8: August 10—14
- Week 9: August 17—21
- Week 10: August 24—28, Extravaganza

We provide expert instruction in a supportive atmosphere of fun and camaraderie. Emphasis is on skill, technique, teamwork and strategy. Facilities include an indoor gymnasium, outdoor ball fields, renovated basketball / pickleball courts, and 25 yard indoor / outdoor pools. Sports Camp days are subject to change due to field trips, guest appearances, special events and showcases.

CAMP RATES

All-Sports Camp

Weeks 1, 4, 5, 9	\$350
Week 2, no camp July 3.....	\$280

Baseball Camp (Grades 1-7)

Week 7 Grades 3-7 Full Day.....	\$365
Week 7 Grades 1&2 Full Day.....	\$350
Week 7*.....	\$265
*Grades 1 & 2 Half Day 9am-1pm	

Basketball Camp

Week 3	\$350
Week 3*	\$265
Week 6	\$350
Week 6*	\$265
*Grades 1 & 2 Half Day 9am-1pm	

Soccer Camp

Week 8	\$350
Week 8*	\$265
*Grades 1 & 2 Half Day 9am-1pm	

AM / PM Care

7:30am—9am or 4pm—5:30pm Both am & pm

Mon—Fri	\$75	\$130
Week 2 (July 4th week)....	\$60.....	\$100



Camp Weeks

Week 1:	June 22—26
Week 2:	June 29—July 2
Week 3:	July 6—10
Week 4:	July 13—17
Week 5:	July 20—24
Week 6:	July 27—31
Week 7:	August 3—7
Week 8:	August 10—14
Week 9:	August 17—21
Week 10:	Extravaganza

CAMP RATES

All-Sports Camp

Weeks 1, 4, 5, 9	\$350
Week 2, no camp July 3	\$280

Baseball Camp (Grades 1-7)

Week 7 Grades 3-7 Full Day	\$365
Week 7 Grades 1&2 Full Day	\$350
Week 7*	\$265
*Grades 1 & 2 Half Day 9am-1pm	

Basketball Camp

Week 3	\$350
Week 3*	\$265
Week 6	\$350
Week 6*	\$265
*Grades 1 & 2 Half Day 9am-1pm	

Soccer Camp

Week 8	\$350
Week 8*	\$265
*Grades 1 & 2 Half Day 9am-1pm	

AM / PM Care

7:30am—9am or 4pm—5:30pmBoth am & pm

Mon—Fri	\$75	\$130
Week 2 (July 4th week)	\$60	\$100



Basketball Camp Weeks 3 & 6

Grades 1 – 4

Daily drill sessions, skills competitions and games.

Grades 5 – 9

Week long tournament leading to a championship game.

- NBA/WNBA fit & skills challenges
- Daily scrimmages / contests
- Instructional videos
- Swim Option



- Camp t-shirt / basketball
- Offensive/defensive fundamentals
- Grouped according to age & skill levels to help campers improve their game!

See page 21 for Special Needs / Accommodations Policy

All-Sports Weeks 1, 2, 4, 5, 9

Campers receive instruction in a variety of sports. Skill sessions, contests and scrimmage games while making friends throughout the summer. Baseball, basketball, floorball, soccer, gaga, team handball, pickleball, flag football, wiffle ball, capture the flag and disc golf are just some of the sports to choose from during All-Sports Camp. Daily swim option plus elective periods during the week allow campers time to focus on the elective for each particular week.

**Special field trip to Worcester Bravehearts Baseball campers Grades 3 and up - week 5*



Soccer Week 8

Director Adam Strogoff, is the former head coach of the Main South Boys Varsity Soccer team and the Worcester Academy Girls Varsity Soccer team. Adam led the W. A. girls to three N.E. Championships in eight seasons, compiling an overall record of 102-14-23 in the process. He brings two decades of soccer coaching experience, has worked at numerous soccer camps throughout New England and has directed the JCC Soccer Camp since 2013.

- Videos
- Soccer ball
- Camp t-shirt
- Fundamental drill stations
- Specialized goalkeeper training
- Guest speakers
- Skill contests
- Swim option
- Agility and speed training
- Scrimmage games



Elective Activities



Weeks 1 & 9 **PICKLEBALL** A sport combining ping pong, tennis and badminton.

Week 2& 9 **FLOORBALL** Floorball promotes end-to-end plays with quick transitions and fluid game play. It's great training for hockey players. The highlight of the week will be a round-robin floor ball tournament.

Week 4 **FITNESS FUN** A combination of sports and fun fitness challenges throughout the week.

Week 5 **TEAM HANDBALL** The object is to throw a ball past a goalkeeper into a net for a goal -- worth one point -- using good teamwork and passing.

Week 5 **FLAG FOOTBALL** Campers will play this fast paced, fun filled game of 5 on 5 flag football.

Week 4 **FRISBEE GOLF (grades 1 & 2)** Similar to disc golf, players will aim and throw frisbees to a targeted basket or hoop as they participate in various contests throughout the week.

Week 4 **DISC GOLF (grades 3-9)** Play daily disc golf contests as we turn our field into a disc golf course. Additional sports are offered throughout the week.



Back for it's 30th year!

Rich Gedman Baseball Camp **Grades 1 - 7** **Week 7** August 3 - 7

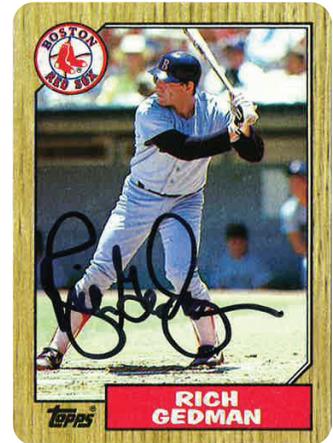
- Fundamental drill stations
- Competitions and games
- Professional guest instructors
- Indoor/outdoor facilities
- Instrasquad games & fun contests
- Camp t-shirt
- Homerun derby elective
- Swim option
- Agility and speed training

Program Coordinator; **RICH GEDMAN:**

- 2020 Boston Red Sox Hall of Fame Inductee
- Two time American League All-Star
- Worcester Tornadoes former Can-Am Manager of the Year
- Boston Red Sox Player Development Hitting Advisor
- 12 years of Major League experience; Boston Red Sox, Houston Astros, and St. Louis Cardinals

Unit Head: **Boston Red Sox Fantasy Camps Coach, DAVE SMITH:**

- Worcester Tornadoes former Camp Clinic Coordinator and 3rd Base Coach
- Previous senior instructor for the Chris Corkum Baseball, Inc., Programs of Connecticut and Western MA



Grades 3 - 7 Field trip

Worcester WooSox vs. Lehigh Valley IronPigs

on August 6 at 12:15pm

Transportation and tickets are included in the camp fee.

RATES

Week 7 Grades 3-7 Full Day.....\$365

Week 7 Grades 1 & 2 Full Day\$350

Week 7*.....\$265

*Grades 1 & 2 Half Day 9am-1pm





Last Week of Camp! Come Celebrate the End of Summer Extravaganza Camp

Grades 1 - 6 Week 10 August 24 - 28

This week will be an elaborate and spectacular celebration to the end of summer! From sports to arts and crafts, extra swimming, and more!

RATE..... \$350

For additional swim instruction

Swim Lessons *Preschool - Grade 6, Sessions begin in June*



Our goal is to provide a safe learning environment to enhance swimmers' skill progression. Our Red Cross lessons are technique-based and taught by experienced **American Red Cross certified instructors**.

PRESCHOOL INTRODUCTORY SWIM: An introductory class for preschoolers of all levels to learn to become more comfortable in the water. The focus is on water safety and initial stroke development.

LEVEL 1 - Introduction to Water Skills: This class is for children who have no swimming skills. Children must be able to follow directions and hold on to the wall by themselves.

LEVEL 2 - Fundamental Aquatic Skills: Swimmers must have passed Level 1. Students learn to float by themselves and recover in a vertical position. They begin to move in both alternating and simultaneous arm and leg motions on the front and back to lay the foundation for future strokes.

LEVEL 3 - Stroke Development: Swimmers must have passed Level 2. This level builds on coordination of the front crawl and backstroke and introduction to elements of the breaststroke and fundamentals of treading water. Basics of water entries will be introduced.

For more information contact:

Tom Tandetnik, Aquatics Director x 250, ttandetnik@worcesterjcc.org





Registration / Fees

HOW TO REGISTER: Visit worcesterjcc.com and click on “register for summer camp.”

CAMP / PROGRAM WEEKS

Week 1: June 22–26	Week 6: July 27–31
Week 2: June 29–July 2	Week 7: August 3–7
Week 3: July 6–10	Week 8: August 10–14
Week 4: July 13–17	Week 9: August 17–21
Week 5: July 20–24	Week 10: August 24–28

The Early Childhood Center is closed August 17–28

IMPORTANT REMINDER:

Massachusetts mandates we have physical health forms for all children and required CDC immunizations. The JCC strictly enforces this mandate. If we do not have the forms prior to the first day of camp WE CANNOT ALLOW the child to join the JCC Camp until the form has been received.



Upload medical forms for Summer Camp by May 15!

Mass. regulations require that children must be screened for lead poisoning by a healthcare provider at ages 2 and 3 and again at 4 *if the child lives in a high-risk community* (as defined by the Mass. Dept. of Public Health)

Children must provide proof of at least one lead screening before entering childcare, preschool or kindergarten.

Preschool Summer Program ages 3, 4 and 5

(The ECC is closed August 18–August 28)

HALF Day Program 9am–1pm.

Mon–Fri.....	\$270
Week 2 (July 4th week).....	\$230

FULL Day Program 9am–4pm

Mon–Fri.....	\$325
Week 2 (July 4th week).....	\$260

PARTIAL WEEKS 9am–4pm

Mon., Wed., Fri.....	\$285
Week 2 (July 4th week).....	\$190
Tues., Thurs.....	\$190
Week 2 (July 4th week).....	\$190

PRESCHOOL ELECTIVES

with Add'l Fee Per Day (4's & 5's)

Art Adventures	\$25
Born to Move	\$25
JCC Junior Chefs.....	\$25
S.T.E.M. Nature Science	\$25
Exploring Sports.....	\$25
Tower Hill	\$30

PRESCHOOL AM / PM CARE

7:30am–9am or 4pm–5:30pm.....Both am & pm

Mon–Fri	\$75.....	\$130
Week 2 (July 4th week).....	\$60.....	\$105



Registration / Fees

Day Camp Grades 1 - 6

Lower & Upper Unit

Weeks 1, 3 - 8.....\$350
 Week 2\$280

Upper Unit Electives with Additional Fee Shown Below Per Week (grades 3 - 6)

- . Botanical Gardens \$215
- . Delicious Dishes \$50
- . Extreme Logo \$160
- . Gone Fishin' \$100
- . Golf \$190
- . Hiking \$100
- . Horseback Riding \$400
- . Mad Scientist \$160
- . Ultimate Obstacles \$140
- . Tennis \$50
- . Worcester Center for Crafts:
 Crochet Creatures \$240

Senior Campers Grades 7 - 9

Weeks 1, 3 - 9..... \$350
 Week 2, no camp 7/3..... \$280
 Brownstone..... \$350 +85 fee
 Clubgetaway..... \$350 +275 fee
 Overnight at the J..... \$350 +75 fee

CiTs Grade 10

Weeks 1, 3 - 9 \$280
 Week 2, no camp 7/3..... \$225

Extravaganza Grades 1 - 6

Week 10 \$350

Sports Camp Grades 1 - 9

All-Sports Camp

Weeks 1, 4, 5, 9\$350
 Week 2\$280

Baseball Camp (Grades 1 - 7)

Week 7 Grades 3-7 Full Day.....\$365
 Week 7 Grades 1 & 2 Full Day \$350
 Week 7*.....\$265
 *Grades 1 & 2 Half Day 9am-1pm

Basketball Camp

Week 3\$350
 Week 3*\$265
 Week 6\$350
 Week 6*\$265
 *Grades 1 & 2 Half Day 9am-1pm

Soccer Camp

Week 8\$350
 Week 8*\$265
 *Grades 1 & 2 Half Day 9am-1pm

AM / PM Care

7:30am - 9am or 4pm - 5:30pm..... Both am & pm
 Mon—Fri\$75\$130
 Week 2 (July 4th week)\$60\$100

To receive member benefits, your account must be current (no past due amounts) and your membership must be active by early registration date February 9, and thru August 31.



General Information

ALL ARE WELCOME

We welcome children of all faiths and cultures.

CAMP / PROGRAM HOURS

See individual programs descriptions for hours. AM/PM Extended Day available (additional fee) from 7:30 - 9:00am & 4:00 - 5:30pm

CELL PHONES / ELECTRONIC DEVICES

Children are not allowed to have a mobile device at the JCC. If you need to reach your child, contact the Program Director and we will bring your child to the office.

DEPOSITS

A non-refundable deposit of \$75 per week/per child is required and must accompany each application.

FINANCIAL ASSISTANCE

Need-based scholarships are available to parents and legal guardians of children. For information and a scholarship application please contact the program registrar Jeannine Peloquin at 508-756-7109 X226, jpeloquin@worcesterjcc.org.

J ALERT - TEXT COMMUNICATION

Sign up for J Alert, the JCC text message alert system! JCC members and participants sign up to receive JCC text messages via their cell phones to be notified in case of emergency any critical opening/closing time changes and other important information.

JCC RATES

To receive member benefits, your account must be current (no past due amounts) and your membership must be active by early registration date February 9, and thru August 31.

LICENSING

JCC camps are licensed by the Massachusetts State Department of Public Health. JCC meets and exceeds all of the health and safety guidelines set forth by the Commonwealth of Mass.

PAYMENT

All payments are due by Friday, May 8, 2026. After May 10, payment in full is due at the time of registration. Children will not be permitted to attend if fees are not paid in full.

No refunds of any fees after Thursday, May 14, 2026.

RED CROSS SWIM

Swim lessons taught by American Red Cross certified instructors.

REGISTRATION DEADLINE

We do not accept registrations beyond the Thursday prior to the camp and program week. This is to accommodate timely enrollment information and adequate staffing.

SAFETY AND SECURITY

Safety is of utmost importance at the JCC. Many of our staff have first aid certification and CPR training specifically for children. Camp and program staff augments the pool supervision provided by full-time American Red Cross certified lifeguards. Staff are CORI/SORI background checked through the state of Massachusetts.

Experienced professionals supervise and implement all Summer programs. Children are under the direct supervision of a trained staff member at all times.

STAFF

- Expert instructors for art, swimming, and sports
- Certified Red Cross lifeguards and swim instructors
- CPR/First Aid certified administrative staff
- Caring, fun-loving, energetic, and kid-friendly counselors
- Staff have pre-camp training in group dynamics, conflict resolution, peer relationships, self-esteem, safety, and creative programming

VALUES AND CULTURE

We model and integrate into summer life the values that are common across many religions of being a good person, sportsmanship, "random acts of kindness," social action, and awareness. Children of diverse faiths and cultures participate in our camp programs and are exposed to Jewish and Israeli culture.



Policies

SPECIAL NEEDS / ACCOMMODATIONS POLICY

It is the responsibility of parents/guardians to bring any special physical, medical, or behavior needs to the attention of the Program Director/Directors prior to enrolling their child. This information will assist us in providing a positive experience for your child.

The Worcester JCC Summer Camp/Preschool Summer Program work to accommodate all interested children. However, our programs are extremely active with a large number of transitions and sensory changes throughout the day. Children are expected to keep up and keep going. They must also be able to follow all directions, rules, and expectations independently. Children must participate well with others and follow all safety rules with minimal adult prompts. For certain special needs our programs are wonderful, for others it puts the child and the staff in uncomfortable and unsafe situations. We are responsible for the safety and well-being of all campers and cannot allow one child to jeopardize this obligation. Please call to discuss your child's particular needs. Please be prepared to discuss any school service plans applicable to your child.

REFUND POLICY

- Deposits are non-refundable (\$75 per week) per child.
- If you cancel before May 14, 2026, you will receive a full refund, less any deposits.
- From May 14, 2026, until the end of the camp and program season, camp fees are not refundable.
- All fee-based electives are non-refundable.
- The Worcester JCC does not pro-rate for missed camp/program days. This includes missed days due to family plans, medical absences, or if your child is asked to withdraw.

LATE PICK-UP POLICY

On certain occasions, when a parent is late, the JCC has established these firm policies:

- Parents must call the JCC to let us know what time they will expect to arrive or to inform us of alternate transportation arrangements that have been made.
- Parents will be assessed a \$1.00 per minute/per child late fee when they are late past their scheduled pick-up time.

Important Reminders:

MASSACHUSETTS MANDATES WE HAVE PHYSICAL HEALTH FORMS FOR ALL CHILDREN AND REQUIRED CDC IMMUNIZATIONS. THIS IS STRICTLY ENFORCED.

If we do not have the forms prior to the first day WE CANNOT ALLOW the child to join the JCC program until all forms have been received. We do not accept registrations beyond the Thursday prior to the next week.



About our Directors



MEGAN CATLIN YOUTH AND CAMP DIRECTOR; mcatlin@worcesterjcc.org, x 238

Megan has over 20 years experience working with children. She has a Recreation Management degree from Westbrook College. She brings her programming experience and love of working with children to the JCC's summer camp program.



CHRIS DIONIS ASST. YOUTH AND CAMP DIRECTOR; cdionis@worcesterjcc.org, x 231

Chris has worked for JCC summer camps and afterschool programs since 2010. In addition, he has worked for AstraZeneca pharmaceuticals, as a Records Analyst for the USDA, and for the Seven Hills Foundation.



BARBARA BOROWSKA-BEHPOURI ECC DIRECTOR; bborowska@worcesterjcc.org, x 225

Barbara has been in the Early Childhood field for 18 years. She attended Worcester State University, receiving her B.A, M.Ed, and Leadership Certificate in Early Childhood Education. She has a passion for working with children and their families.



AMANDA GRZYB ASST. ECC; agrzyb@worcesterjcc.org, x 258

Amanda is a 2018 graduate of Bay Path University with a BA in Early Education. Amanda has worked in the Early Education field for 12 years. She loves children and the art of teaching them new things. She loves to help educators reach their goals and water the minds of our future.



TOM TANDETNIK AQUATICS DIRECTOR; ttandetnik@worcesterjcc.org, x 250

Tom is certified as an American Red Cross Lifeguard Instructor Trainer, Lifeguard, Swim Instructor, First Aid/CPR/AED Instructor. The Aquatics Department of the Worcester JCC has been part of Tom's life for two decades now. Starting as a Lifeguard in 2014, Tom returned to the JCC in 2022, taking on the role of Assistant Aquatics Director in 2023 and is now the JCC Aquatics Director.



BOB BERMAN HEALTH & PHYSICAL EDUCATION DIRECTOR; bberman@worcesterjcc.org, x233

Bob brings 45 years of administrative experience coaching youth sports and directing camps. He holds a degree in Sport Management from UMass Amherst. Bob was inducted into the Class of 2013 NE Basketball Hall of Fame as an Administrator for his contributions to youth basketball throughout New England.



KYLE MURDOCK ASST. HEALTH AND PHYSICAL EDUCATION DIRECTOR;
kmurdock@worcesterjcc.org x213

Kyle brings experience supervising the JCC Fitness Center as well as handling administrative duties. He also assists coaching in the JR NBA basketball program basketball vacation programs throughout the year. He brings experience from his time working in fitness centers and physical therapy clinics, where he developed expertise in training and rehabilitation. As an ACE-certified personal trainer with CPR and AED certifications, Kyle is committed to fostering health, wellness, and safety. He has effortlessly stepped into the role of Assistant Health and Physical Education Director.

Your Summer Adventure Starts Here!





J ALERT - TEXT COMMUNICATION - SIGN UP TODAY!

Sign up for J Alert, the JCC text message alert system and receive JCC text messages via their cell phones to be notified in case of emergency any critical opening/closing time changes and other important information. Visit <https://tinyurl.com/3rxxbduk>.



Registration 2026

Important Reminders:

MASSACHUSETTS MANDATES WE HAVE PHYSICAL HEALTH FORMS FOR ALL CHILDREN AND REQUIRED CDC IMMUNIZATIONS. THIS IS STRICTLY ENFORCED.

If we do not have the forms prior to the first day WE CANNOT ALLOW the child to join the JCC program until all forms have been received. We do not accept registrations beyond the Thursday prior to the next week.



[HTTPS://WWW.WORCESTERJCC.ORG/SUMMER-CAMPS/](https://www.worcesterjcc.org/summer-camps/)

633 SALISBURY ST., WORCESTER, MA 01609
508.756.7109 | WORCESTERJCC.ORG