



## WORCESTER JCC GYM SCHEDULE

### SUNDAY

7:00 am – 5:00 pm Open Gym

### MONDAY

5:15 am – 10:00 am Open Gym  
 10:00 am – 12:15 am Open Gym (In event of rain: preschool)  
 12:15 am – 1:00 pm Open Gym  
 1:00 pm – 2:00 pm Pre-school Sports Classes  
 2:00 pm – 4:00 pm Open Gym  
 4:00 pm – 5:00 pm After-school Program  
 5:00 pm – 6:00 pm Open Gym  
 6:00 pm – 8:30 pm Pickleball (outdoor tennis courts)

### TUESDAY

5:15 am – 9:00 am Open Gym  
 8:00 am – 10:00 am Pickleball  
 10:15 am – 11:15pm Stride & Thrive Walk for Health  
 11:30 am – 12:15am Open Gym (In event of rain: preschool)  
 12:15 am – 1:00 pm Open Gym  
 1:00 pm – 2:00 pm Pre-school Sports Classes  
 2:00 pm – 4:00 pm Open Gym  
 4:00 pm – 5:00 pm After-school MASH Program  
 5:00 pm – 8:30 pm Open Gym

### WEDNESDAY

5:15 am – 10:00 am Open Gym  
 10:00 am – 12:15 am Open Gym (In event of rain: preschool)  
 12:15 am – 1:00 pm Open Gym  
 1:00 pm – 2:00 pm Pre-school Sports Classes  
 2:00 pm – 4:00 pm Open Gym  
 4:00 pm – 5:00 pm After School Program  
 5:00 pm – 6:00 pm Open Gym  
 6:00 pm – 8:30 pm Karate - Gymnasium  
 6:00 pm – 8:30 pm Pickleball (outdoor tennis courts)

### THURSDAY

5:15 am – 9:00 am Open Gym  
 9:00 am – 11:30 am Pickleball  
 11:30 am – 12:15 pm Open Gym (In event of rain: preschool)  
 12:15 am – 1:00 pm Open Gym  
 1:15 pm – 2:00 pm Pre-school Sports Classes  
 2:00 pm – 4:00 pm Open Gym  
 4:00 pm – 5:00 pm After-school MASH Program  
 5:00 pm – 8:30 pm Open Gym

### FRIDAY

5:15 am – 10:00 am Open Gym  
 10:00 am – 12:15 am Open Gym (In event of rain: preschool)  
 12:15 am – 1:00 pm Open Gym  
 1:00 pm – 2:00 pm Pre-school Sports Classes  
 2:00 pm – 4:00 pm Open Gym  
 4:00 pm – 5:00 pm After School Program  
 5:00 pm – 8:30 pm Open Gym

### SATURDAY

7:00 am – 9:00 am Open Gym\*  
 9:00 am – 11:30am Karate  
 11:30 am – 1:00 pm Family Open Gym\*  
 12:30 pm – 1:15 pm\* (Birthday Party Time)

*\*Scheduled birthday parties may pre-empt open gym time from 12:30 - 1:15 if a birthday party is scheduled. Call the front desk to confirm availability.*

1:00 pm – 5:00 pm Open Gym