

Massage Therapy

Introducing...

Shirley Chalmers

MA LICENSED MASSAGE THERAPIST

P 774.232.1577 E countrylovingpeace@gmail.com



Shirley is a highly skilled and versatile Licensed Massage Therapist with over 20 years of experience. She brings a warm smile and a genuinely caring nature to every session, creating a safe and welcoming space for her clients.

Drawing on both her extensive knowledge and intuitive touch, Shirley tailors each massage to the individual, incorporating client feedback to guide her work. Her expertise goes well beyond massage school—she has spent over a decade studying advanced massage modalities, each with unique strokes, pressures, and techniques designed to address specific needs and achieve meaningful results.

In addition, Shirley brings more than 30 years of yoga study and practice, enriching her sessions with a deep understanding of movement, mindfulness, and the mind-body connection. Whether you prefer a fun and engaging conversation or a quiet, serene experience, Shirley has a remarkable ability to reflect and adapt to her clients' mood and needs.



Massage Therapy Rates

Duration	Member	Non-Member
30 min	\$50	\$60
60 min	\$90	\$100
75 min	\$110	\$120
90 min	\$125	\$135

