

# Massage Therapy

## Introducing...

### Michael Rogan

MA LICENSED MASSAGE THERAPIST

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Michael is a licensed massage therapist specializing in sports massage and injury recovery. With extensive experience collaborating with chiropractors and physical therapists, he takes an integrated healthcare approach to address medical conditions, support rehabilitation, and enhance overall performance. Skilled in trigger point therapy, deep tissue techniques, and assisted stretching, Michael works with clients of all ages—from young athletes to active seniors—to restore mobility, reduce pain, and optimize function.

Beyond the treatment room, Michael is passionate about giving back to the community. He has provided massage services at major athletic events including the Boston Marathon and the Best Buddies Road Race, offering on-site support to participants. His goal is to blend therapeutic expertise with a personalized approach, helping individuals achieve both everyday wellness and specialized recovery needs.



### Massage Therapy Rates

| Duration | Member | Non-Member |
|----------|--------|------------|
| 30 min   | \$50   | \$60       |
| 60 min   | \$90   | \$100      |
| 75 min   | \$110  | \$120      |
| 90 min   | \$125  | \$135      |

