



SUMMER 2025

CAMP & PROGRAM GUIDE



633 SALISBURY ST., WORCESTER, MA 01609
508.756.7109 | WORCESTERJCC.ORG

ONLINE REGISTRATION

If you are a member of the JCC, please be sure to use the email that correlates to your membership account as your username. Don't know which email to use? Call the Welcome Desk 508-756-7109, x-0

- [How do I register for Camp?](#)

Go to www.worcesterjcc.org & click on "Register for Summer Camp"

- If anyone in your household has registered for anything at the JCC please use that email address to login.
- If you have NEVER registered for anything at the JCC please go to worcesterjcc.org and click "Create Account"
- Complete the account information screen using the personal information associated with the email address, not the camper's.



- [How do I pay for Camp?](#)

A \$75 deposit per camp week is required and a payment plan will be created for you within the online portal.*

- [Can I go back online to see what I registered for?](#)

Once you create an account, all your information will be saved and available to review your registrations anytime.

***Membership pricing discounts will be applied only for active Family or Single Parent Family member units whose accounts are current and in good standing. See page 20 for details.**

IMPORTANT REMINDERS:

[MASSACHUSETTS MANDATES WE HAVE PHYSICAL HEALTH FORMS FOR ALL CAMPERS AND REQUIRED CDC IMMUNIZATIONS. THIS IS STRICTLY ENFORCED.](#)

If we do not have the forms prior to the first day of camp WE CANNOT ALLOW the child to join the JCC Camp until the form has been received.

We do not accept registrations beyond the Thursday prior to the camp week.

Upload medical forms for Summer Camp by May 16!



Upload medical forms by May 16!



Welcome to Camp JCC!

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Preschool Summer Program

The “home base” for our Preschool Summer Program is the J’s big and bright Early Childhood Center. The staff-to-child ratio is 1:10 and a maximum of 20 children in each Preschool 3, 4 and 5 classroom.

AGE REQUIREMENTS:

Child must be age 3 to start *program*.

PRESCHOOL SUMMER WEEKS

Week A: June 9–13 (no electives)
 Week B: June 16–20 (no electives)
 Week 1: June 23–June 27
 Week 2: June 30–3, *no program July 4*
 Week 3: July 7–11
 Week 4: July 14–18
 Week 5: July 21–25
 Week 6: July 28–August 1
 Week 7: August 4–8
 Week 8: August 11–15
 The Early Childhood Center
 is closed August 18–August 29

- New electives available
- Daily activities
- Air-conditioned classrooms
- Two age-appropriate playgrounds
- American Red Cross swim lessons
- Free t-shirt!



PRESCHOOL FEES

HALF Day Program 9am–1pm Member.....Non-Member

Mon–Fri.....	\$270	\$310
Week 2 (July 4th week).....	\$230	\$260

FULL Day Program 9am–4pm.....Member Non-Member

Mon–Fri.....	\$325	\$360
Week 2 (July 4th week).....	\$260	\$300

PARTIAL WEEKS 9am–4pm.....Member.....Non-Member

Mon., Wed., Fri.....	\$285	\$325
Week 2 (July 4th week).....	\$190	\$215
Tues., Thurs..	\$190	\$215
Week 2 (July 4th week).....	\$190	\$215

PRESCHOOL ELECTIVES

with Add'l Fee Per Day (4's & 5's)

Art Adventures	\$25
Born to Move	\$25
JCC Junior Chefs	\$25
S.T.E.M. Nature Science	\$25
Exploring Sports	\$25
Tower Hill	\$30

PRESCHOOL AM / PM CARE

7:30am–9am or 4pm–5:30pm..... Both am & pm

Mon–Fri	\$75	\$130
Week 2 (July 4th week)	\$60	\$105

To receive member rates, your account must be current (no past due amounts) and your family membership must be active by January 24, 2025 or one month prior to registration and thru August 15, 2025. Additional non-member fees will be charged if your membership is not in effect during the program dates your child attends. Three-month summer members pay non-member fees.

Typical Day with optional AM/PM Care

- 7:30—9 Optional AM Care (Add'l fee)
- 9 Arrival / Morning Rally
 - 9:15 Morning Rally
 - 9:30 Activity*
 - 10 Snack
 - 10:30 Activity*
 - 11:35 Red Cross Swim Lessons
 - 12 Lunch
 - 1 ½ day Children Dismissal
- 1 - 2:45 3 Year old rest time
- 1 4's Quiet Activities or Optional Elective**
 - 1 5's Activity* or Optional Elective**
- 2—2:30 5's Free Swim
- 2:45 Snack
 - 3 Activity*
 - 4 Full Day Dismissal
- 4 - 5:30 Optional Extended Day Program (Add'l fee)

*SUMMER PROGRAM ACTIVITIES

(see pg. 6)

Morning Rally
Music and Movement
Nature Explorers
Red Cross Progressive Swim Lessons

**SUMMER PROGRAM ELECTIVES

(add'l fee - see pg. 7)

Art Around The World
Born to Move
JCC Junior Chefs
S.T.E.M. Building
Tower Hill
Exploring Sports

See page 21 for Special Needs / Accommodations Policy

IMPORTANT REMINDER:

Massachusetts mandates we have physical health forms for all children and required CDC immunizations. The JCC strictly enforces this mandate.

If we do not have the forms prior to the first day of the summer program WE CANNOT ALLOW the child to join the JCC summer program until the form has been received. We do not accept registrations beyond the Thursday prior to the week.



Upload medical forms by May 16!



Preschool Summer Program Activities

MORNING RALLY

Every morning during the Summer Program, all preschool children will come together as a community to sing and dance at our fun Morning Rally! The children will quickly learn these silly, catchy songs and dance moves!

MUSIC AND MOVEMENT

Join our music specialist for fun and unique music classes! These weekly classes offer a chance for children to express themselves through creative movement, playing instruments, and singing along to new or familiar songs. Music is monumental to the verbal and social development of young children.



NATURE EXPLORERS

Children will deepen their connection to the natural world with walks to the pond, following trails through the woods and hands-on activities. They will get messy as they learn about the outdoors and have fun in their surroundings.



RED CROSS PROGRESSIVE SWIM LESSONS

We love hot, sunny days in the summer, but it's important to jump in the pool and cool down! Preschool 3's, 4's and 5's will receive safe, fun and stimulating swim lessons from certified American Red Cross Swim Instructors every day. Preschool 5's will have an additional "free swim" period in the afternoons! Certified lifeguards are always on duty at the indoor and outdoor pools.



Preschool Electives for 4's & 5's



**New England
Botanic Garden**
AT TOWER HILL

Holly Miller, Youth Education Manager

from New England Botanic Garden will lead our preschoolers on a nature journey to discover and study about critters, birds and insects. Minimum of 10 participants to run these programs.

WISHING FOR WINGS

Week 3, Monday, July 7, 1:00pm \$30/class

Learn about the lifecycle of butterflies as we sing songs, read, play, investigate, and create our own wearable paper wings.

PATTERNS IN NATURE

Week 5, Monday, July 21, 1:00pm \$30/class

Learn how patterns can be used for camouflage, to attract pollinators, for communication, and more as we explore how plants and animals use patterns. Get creative and explore how patterns can be used for art and make your own wood cookie pattern necklace.

WIGGLING WORMS

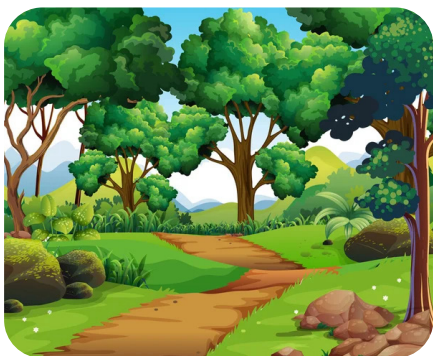
Week 7, Monday, August 4, 1:00pm \$30/class

Learn about the decomposers in the dirt as we explore the parts of a worm and how they help improve our soil. Explore the science behind these wiggly wonders as we play games, observe worms up close, and make playdough worms.

BUZZING BEES

Week 8, Monday, August 11, 1:15pm \$30/class

Learn about our favorite pollinator as we learn the waggle dance, play bee games, observe specimens, and make our own bee pollinator pal to help move pollen from flower to flower.



ART ADVENTURES

Weeks 3, 7, Tuesday/Wednesday/Thursday, \$25/day



Art engages a child's senses in open-ended play and supports development of cognitive, social-emotional and multisensory skills. It allows children to express

their creativity. Art is an excellent tool for helping children take a creative concept from start to finish, work through artistic challenges and mistakes, and have fun while learning. This class offers the freedom to manipulate different artistic materials in an organic unstructured way. Let's get creative together!

JCC JUNIOR CHEFS

Weeks 1, 5, Tuesday/Wednesday/Thursday, \$25/day

Our certified preschool teachers will demonstrate fun and creative recipes for the young chefs. This class is an opportunity for the children to learn the basics of cooking through hands-on experiences. Cooking can help children learn and practice basic math concepts and build language skills through preparing, measuring, counting, following directions and, of course, eating! This gives children the opportunity to build self-confidence and lay the foundation for healthy eating habits.

LES MILLS BORN TO MOVE FITNESS

Weeks 2, 6, Tuesday/Wednesday/Thursday, \$25/day

Children will fall in love with music and movement! They will experience the joy of moving to music that lets them master moves quickly. Let their confidence soar to new heights!

S.T.E.M. - NATURE SCIENCE

Week 8, Tuesday/Wednesday/Thursday, \$25/day

Exploring our world is fun! Preschool children are born to explore and learn about the world around them. Nature provides countless opportunities for discovery, creativity, problem solving and stem education. During this class we will explore our wonderful pond. Throughout our investigation, the children will engage in stem-related activities and become "little scientists" each day!

EXPLORING SPORTS

Week 4, Tuesday/Wednesday/Thursday, \$25/day

Through participation in sports, children make lasting friendships, develop communication skills, feel a sense of community and learn respect for their teammates. This introductory sports elective provides your child the opportunity to move around, build strength and endurance, and be part of a team.



Day Camp Grades 1-9

Our program focuses on activities that enable children to grow, build relationships, and develop self-esteem throughout the summer. Activities include sports, swimming, nature, arts and crafts and much more. Children are divided into groups based on age.

- Swim lessons taught by American Red Cross certified instructors
- Maccabiah games Week 8 - no electives
- All campers receive a camp T-shirt
- Daily free swim

Typical Day

LOWER UNIT - ENTERING GRADES 1 & 2

- 2 swims daily
- 7:30 Optional AM Care (Add'l fee)
- 9 Flagpole/Morning Rally
- 9:30 Instructional Swim/Snack
- 11 Activity*
- 12—12:30 Lunch
- 12:30 Activity*
- 1:30 Free Swim/Snack
- 2:30 Activity*
- 3:30 Flagpole/Closing Round Up
- 4 Pick Up
- 4—5:30 Optional PM Care (Add'l fee)

***ACTIVITIES INCLUDE: Art, Nature, Sports, GaGa, Playground, Israeli Culture**

UPPER UNIT - ENTERING GRADES 3 - 8

- Campers register for a single elective that runs 5 mornings each week; 10:30am—12pm
- Daily instructional and free swim
- 7:30 Optional AM Care (Add'l fee)
- 9 Flagpole/Morning Rally
- 9:15 Swim Lessons/Alternative Activity/Snack
- 10:30—12 Electives
- 12—12:30 Lunch
- 1 Free Swim/Activity*
- 1:30 Snack
- 2 Activity*
- 2:45 Activity*
- 3:30 Flagpole/Closing Round Up
- 4 Pick Up
- 4—5:30 Optional PM Care (Add'l fee)

Maccabiah (Grades 1 - 9 Campwide!) Week 8

A week long, camp-wide competition! Day camp will split into two teams, RED and BLUE, and will compete in various fun activities. Activities will include sports, games, water, art, team building, and most of all TEAM SPIRIT! Each team will create a team chant and a team banner representing their team name and spirit. At the end of the week we will celebrate with pride and good sportsmanship during the closing ceremony. Who's it going to be? RED or BLUE? Let the games begin!

No swim lessons or electives during this week.





CAMP WEEKS

Week 1:	June 23—June 27
Week 2:	June 30—3, no camp July 4
Week 3:	July 7—11
Week 4:	July 14—18
Week 5:	July 21—25
Week 6:	July 28—August 1
Week 7:	August 4—8
Week 8:	August 11—15
Week 9:	August 18—22 (Extravaganza) Grades 1-6

CAMP FEES

	Member ...	Non-Member
Weeks 1, 3 - 9	\$300	\$330
Week 2	\$250	\$270
No camp July 4		

AM / PM CARE

7:30am—9am or 4pm—5:30pm..... Both am & pm

Mon—Fri	\$75	\$130
Week 2 (July 4th week) ..	\$60	\$100

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IMPORTANT REMINDER:

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See page 21 for Special Needs / Accommodations Policy



Upper Unit Elective Weeks

WEEK 1: JUNE 23 - 27

ON-SITE

Art Fusion, Basketball, Glymp Galore

WEEK 2: JUNE 30 - JULY 3 (NO CAMP JULY 4)

ON-SITE

Delicious Dishes +\$50, Court Sports, Life's A Bead

WEEK 3: JULY 7 - 11

OFF-SITE

Botanical Gardens +\$215, Horseback Riding +\$390

ON-SITE

Art Fusion, Extreme Lego STEM +\$150, Turf Games, Loom Pals

WEEK 4: JULY 14 - 18

OFF-SITE

Ultimate Obstacles +\$140, Golf +\$180

ON-SITE

Born To Move And Refuel, Cake Wars +\$50, Camp Crafts, Court Sports, Diamond Art, Tennis +\$50

WEEK 5: JULY 21 - 25

OFF-SITE

Gone Fishin' +\$100, Worcester Craft Center +\$240

ON-SITE

Mad Scientist Stem +\$150, Basketball, Bracelet Bonanza

WEEK 6: JULY 28 - AUG. 1

OFF-SITE

Ultimate Obstacles +\$140, Golf +\$180

ON-SITE

Space Explorers Stem +\$150, Court Sports, Cake Wars +\$50, Loom Pals, Tennis, Art Fusion

WEEK 7: AUG 4 - 8

OFF-SITE

Hiking +\$100, Horseback Riding +\$390

ON-SITE

Extreme Lego STEM +\$150, Soccer, Diamond Art, Frisbee Games, Born To Move & Refuel, Camp Crafts

WEEK 8: AUG 11 - 15

Maccabiah

Elective Descriptions

ART FUSION Weeks 1, 3, 6, Gimp, modpodge, duct tape & more!

BASKETBALL Weeks 1, 5, Around the world, H-O-R-S-E, knock-out and other wild b-ball games.

BORN TO MOVE & REFUEL Weeks 4, 7, Les Mills BORN TO MOVE is a fun fitness program. It uses music, movement, and the power of group fitness to boost energy, increase skill level and generally make you feel awesome! The 45 minute program is followed with a stop at the smoothie station to make your own!

BOTANIC GARDENS OFF-SITE, Week 3, Fee +\$215 Campers will visit N.E. Botanic Garden at Tower Hill. They'll explore trails and hike to the summit and learn from a landscape designer and create a mini-herb garden, explore exotic plants and create their own miniature succulent terrarium, use watercolor techniques to create their works of art using the gardens as inspiration and create their own fairy house or gnome home.

BRACELET BONANZA Week 5, You will make all sorts of styles of bracelets. From safety pin bracelets and magazine bead bracelets to button bracelets, ID bracelets and more. Max 16

CAKE WARS Weeks 4, 6, Fee +\$50 4 teams of decorators will decorate cakes to match the theme of the week. On Friday teams will be judged and awards will be given to the best decorators! Max 16

CAMP CRAFTS Weeks 4, 7, Friendship bracelets, wind chimes, pet rocks, dream catchers and more. Max 16

COURT SPORTS Weeks 2, 4, 6, Basketball, Knockout, 4 Square, Star Wars and more!

DELICIOUS DISHES Week 2, +\$50 Chocolate – fruit - whipped cream and more. Max 16

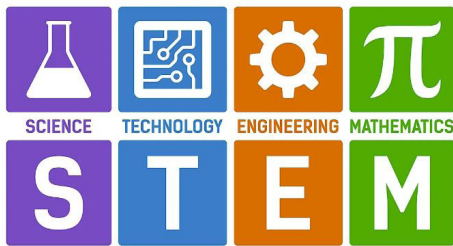
DIAMOND ART Weeks 4, 7, No pressure needed to make these diamonds! You will create diamond art stickers, pictures, bracelets, book markers and more. Max 16

FOREST FANTASY MOSAIC GLASS CLASS OFF-SITE, Week 5, Fee +\$240 Campers travel to the

Worcester Crafts Center to design and craft their own magical mosaic creations using colorful glass pieces. Drawing inspiration from woodland creatures, lush foliage, and mystical landscapes, you'll explore techniques such as cutting, arranging, and grouting glass. No experience necessary, all materials are included. Please wear natural fiber fabrics, long pants, and closed-toe shoes. Max 10



FRISBEE GAMES Week 7, Time to test those Frisbee skills! Campers will work on their throwing motions and play various games including Ultimate Frisbee and Frisbee Golf!



EXTREME LEGO ROBOTICS & ENGINEERING

“Hands-On, Minds-On: Building the Future!” Week 3, 7

This immersive camp combines LEGO Robotics and KEVA Plank engineering to spark curiosity, creativity, and critical thinking.

- LEGO Robotics: Design, build, and program robots using LEGO brick systems.
- KEVA Plank Challenges: Build towers, bridges, and machines learning balance and stability.
- Daily Engineering Adventures: Experience a new engineering theme every day!



MAD SCIENTIST “Bubble, Fizz, and Explode into Science!” Week 5

Unleash your inner scientist with wacky, hands-on experiments!

- Glow-in-the-Dark Slime: Explore the science of polymers.
- Rocket Launches & Plasma Balls: Learn physics and electricity through interactive experiments.
- Ooey-Gooey Fun & Spectacular Reactions: Erupt volcanoes, stretch slime, and watch liquids change color!



SPACE EXPLORERS “Launch, Cook, and Explore with the Power of Science!” Week 6

Space-themed science and engineering!

- Rocket Engineering: Build and test rockets with hands-on designs.
- Solar Science: Create solar ovens and cook food with renewable energy.
- STEM Challenges: Solve real-world space problems and innovate!

Each Week: Fee +\$150, Max 20

GOLF OFF-SITE, Weeks 4, 6, Fee +\$180 Kettle Brook Golf Club has a unique program for us. It covers full swing fundamentals, putting, pitching, chipping and course etiquette. Proper golf attire required. Clubs not needed or bring your own. Max 12

GONE FISHIN’ OFF-SITE, Week 5, Fee +\$100 Fishing at some favorite fishing holes! Campers learn the basics of fishing, tying hooks, baiting, casting, catching and releasing. We supply the poles or bring your own. (10am—1pm) Max 10

GIMP GALORE Week 1, It’s all about gimp! Campers will learn the box stitch, butterfly stitch, the Cobra Doggle, the Zipper Doggle and much more. They will make bracelets, jewelry, key chains and more. Join the fun!

HIKING Week 7, Fee +\$100 Campers will hike local trails, visit state parks and learn basic survival skills. Appropriate clothing and shoes required. Rain or shine Max 10



HORSEBACK RIDING OFF-SITE, Weeks 3, 7, Fee +\$390 Campers travel to Cornerstone Ranch and learn the basics of how to catch, lead, brush, saddle, mount and care for a horse with an authentic HORSE SHOW ON Friday! Suitable riding attire required (long pants and footwear with a heel) Max 12

LIFE’S A BEAD Week 2, Learn basic principles of beading. Using wires, beads, and various materials campers will create bracelets, earrings, necklaces, key rings and more! Max 16

LOOM PALS Weeks 3, 6, Time to get LOOMY! Make loom balls, critters, pencil tops, key chains and more. Max 16

SOCCER Week 7, A variety of soccer games and matches.

TENNIS Weeks 4, 6, +\$50 Our Tennis Instructor will teach the fundamentals of Tennis through games and drills. We supply the rackets or bring your own. Max 12

TURF GAMES Weeks 3, Flag football, soccer, capture the flag and more...

ULTIMATE OBSTACLES OFF-SITE, Weeks 4, 6, +\$140

We’ll travel to *Ultimate Obstacles*, New England’s premier Ninja warrior and obstacle course race training facility!

They will learn skills and gain confidence on various obstacles and courses. Campers will head right across the hall to *The School Yard* and play various fun games like kickball, home run derby, wiffleball, and more!





Extravaganza Camp



Grades 1 - 6 **WEEK 9 (AUG 18-22)**

This week will be an elaborate and spectacular celebration to the end of summer! From sports to arts and crafts, extra swimming, to J's Got Talent!

	Member	Non-Member
Week 9	\$300	\$330

Senior Campers Grades 7, 8 & 9

As Senior Campers you'll have all the excitement of camp...weekly electives, community service mitzvah projects and help in the planning of camp wide activities. Discover hidden talents and build confidence in yourselves while making new friends and having loads of fun!

	Member	Non-Member
Weeks 1, 3, 4-9	\$300	\$330
Week 2, no camp July 4	\$250	\$270

CiT's (Counselor in Training) Grade 10

Our CIT Program encourages responsible young teens to work with a variety of ages and specialists with a strong focus on developing leadership capabilities, communication skills, and patience. CIT's get "on the job" training and gain experience managing time, working as a team, and planning and implementing camp programs.

CIT's	Member	Non-Member
Weeks 1, 3, 4-9	\$230	\$260
Week 2, no camp July 4	\$180	\$210

IMPORTANT REMINDER:

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If we do not have the forms prior to the first day of camp WE CANNOT ALLOW the child to join the JCC Camp until the form has been received. We do not accept registrations beyond the Thursday prior to the camp week.



upload medical forms by May 16!

Sports Camps Grades 1-9



Typical Day

- 7:30—9 Optional AM Care (Add'l fee)
- 9:00 Morning Meeting/Player of the Day Nominations
- 9:15 Gameplay (All Sports) or Drill Stations/Contests
- 10:15 Morning Break
- 10:30 Gameplay/Elective (All Sports) or Scrimmages
- 11:30 Lunch
 - 12 Free Swim/Open Gym/Movie Elective
 - 1 Gameplay (All Sports) or Contests/Skills
- 2:15 Afternoon Break and Snack
- 2:30 Gameplay (All Sports) or Scrimmages
- 3:30—4 End of Day/Dismissal
 - 4 Pick Up
- 4—5:30 Optional PM Program (Add'l fee)

CAMP WEEKS

- Week 1: June 23—June 27
- Week 2: June 30—3, no camp July 4
- Week 3: July 7—11
- Week 4: July 14—18
- Week 5: July 21—25
- Week 6: July 28—August 1
- Week 7: August 4—8
- Week 8: August 11—15
- Week 9: August 18—22 (Extravaganza) Grades 1-6

We provide expert instruction in a supportive atmosphere of fun and camaraderie. Emphasis is on skill, technique, teamwork and strategy. Facilities include an indoor gymnasium, outdoor ball fields, renovated basketball / pickleball courts, and 25 yard indoor / outdoor pools. Sports Camps days are subject to change due to field trips, guest appearances, special events and showcases.

CAMP FEES

ALL-SPORTS CAMPMember.....Non-Member

Weeks 1, 4, 5	\$300.....	\$330
Week 2.....	\$250	\$270

BASEBALL CAMP (Grades 1-7)...Member.....Non-Member

Week 6 Grades 3-7 Full Day.....	\$320	\$350
Week 6 Grades 1&2 Full Day	\$300.....	\$330
Week 6*	\$235	\$265

*Grades 1 & 2 Half Day 9am-1pm

BASKETBALL CAMPMember.....Non-Member

Week 3	\$300.....	\$330
Week 3*	\$235	\$265
Week 7.....	\$300.....	\$330
Week 7*	\$235	\$265

*Grades 1 & 2 Half Day 9am-1pm

SOCCER CAMPMember.....Non-Member

Week 8	\$300.....	\$330
Week 8*	\$235	\$265

*Grades 1 & 2 Half Day 9am-1pm

AM / PM CARE

7:30am—9am or 4pm—5:30pm....Both am & pm

Mon—Fri	\$75	\$130
Week 2 (July 4th week) ..	\$60	\$100

To receive member rates, your account must be current (no past due amounts) and your family membership must be active by January 24, 2025 or one month prior to registration and thru August 15, 2025. Additional non-member fees will be charged if your membership is not in effect during the camp dates your child attends. Three-month summer members pay non-member camp fees.



CAMP WEEKS

Week 1:	June 23—June 27
Week 2:	June 30—3, no camp July 4
Week 3:	July 7—11
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Week 5:	July 21—25
Week 6:	July 28—August 1
Week 7:	August 4—8
Week 8:	August 11—15
Week 9:	August 18—22 (Extravaganza) Grades 1-6

CAMP FEES

ALL-SPORTS CAMP Member .. Non-Member

Weeks 1, 4, 5	\$300	\$330
Week 2.....	\$250	\$270

BASEBALL CAMP Member .. Non-Member

Week 6 Grades 3-7 Full Day.....	\$320	\$350
Week 6 Grades 1&2 Full Day	\$300	\$330
Week 6*.....	\$235	\$265

*Grades 1 & 2 Half Day 9am—1pm

BASKETBALL CAMP Member .. Non-Member

Week 3	\$300	\$330
Week 3*	\$235	\$265
Week 7.....	\$300	\$330
Week 7*	\$235	\$265

*Grades 1 & 2 Half Day 9am—1pm

SOCCER CAMP Member .. Non-Member

Week 8	\$300	\$330
Week 8*.....	\$235	\$265

*Grades 1 & 2 Half Day 9am—1pm

AM / PM CARE

7:30am—9am or 4pm—5:30pm..... Both am & pm

Mon—Fri.....	\$75	\$130
Week 2 (July 4th week)	\$60	\$100



Basketball Camp Weeks 3 & 7

Grades 1 – 4

Daily drill sessions, skills competitions and games.

Grades 5 – 9

Week long tournament leading to a championship game.



- NBA/WNBA fit & skills challenges
- Daily scrimmages / contests
- Instructional videos
- Swim Option

- Camp t-shirt / basketball
- Offensive/defensive fundamentals
- Grouped according to age & skill levels to help campers improve their game!

[See page 21 for Special Needs / Accommodations Policy](#)

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All-Sports Weeks 1, 2, 4, 5

Campers receive instruction in a variety of sports. Skill sessions, contests and scrimmage games while making friends throughout the summer. Baseball, basketball, floorball, soccer, gaga, team handball, pickleball, flag football, wiffle ball, capture the flag and disc golf are just some of the sports to choose from during All-Sports Camp. Daily swim option plus elective periods during the week allow campers time to focus on the elective for each particular week.



Soccer Week 8

Director Adam Strogoff, is the former head coach of the Main South Boys Varsity Soccer team and the Worcester Academy Girls Varsity Soccer team. Adam led the W. A. girls to three N.E. Championships in eight seasons, compiling an overall record of 102-14-23 in the process. He brings two decades of soccer coaching experience, has worked at numerous soccer camps throughout New England and has directed the JCC Soccer Camp since 2013.

- Videos
- Soccer ball
- Camp t-shirt
- Fundamental drill stations
- Specialized goalkeeper training
- Guest speakers
- Skill contests
- Swim option
- Agility and speed training
- Scrimmage games



Elective Activities



Week 1 **PICKLEBALL** A sport combining ping pong, tennis and badminton.

Week 2 **FLOORBALL** Floorball promotes end-to-end plays with quick transitions and fluid game play. It's great training for hockey players. The highlight of the week will be a round-robin floor ball tournament.

Week 4 **FITNESS FUN** A combination of sports and fun fitness challenges throughout the week.

Week 5 **TEAM HANDBALL** The object is to throw a ball past a goalkeeper into a net for a goal -- worth one point -- using good teamwork and passing.

Week 5 **FLAG FOOTBALL** Campers will play this fast paced, fun filled game of 5 on 5 flag football.

Week 4 **DISC GOLF (GRADES 3-9)** Play daily disc golf contests as we turn our field into a disc golf course. Additional sports are offered throughout the week.

Week 4 **FRISBEE GOLF (GRADES 1 & 2)** Similar to disc golf, players will aim and throw frisbees to a targeted basket or hoop as they participate in various contests throughout the week.



Back for it's 29th year!

Rich Gedman Baseball Camp Grades 1 - 7 **Week 6** July 28—August 1

- Fundamental drill stations
- Competitions and games
- Professional guest instructors
- Indoor/outdoor facilities
- Instrasquad games & fun contests
- Camp t-shirt
- Homerun derby elective
- Swim option
- Agility and speed training



Program Coordinator; RICH GEDMAN:

- 2020 Boston Red Sox Hall of Fame Inductee
- Two time American League All-Star
- Worcester Tornadoes former Can-Am Manager of the Year
- Boston Red Sox Player Development Hitting Coach
- 12 years of Major League experience; Boston Red Sox, Houston Astros, and St. Louis Cardinals

Unit Head: Boston Red Sox Fantasy Camps Coach; DAVE SMITH:

- Worcester Tornadoes former Camp Clinic Coordinator and 3rd Base Coach
- Previous senior instructor for the Chris Corkum Baseball, Inc., Programs of Connecticut and Western MA

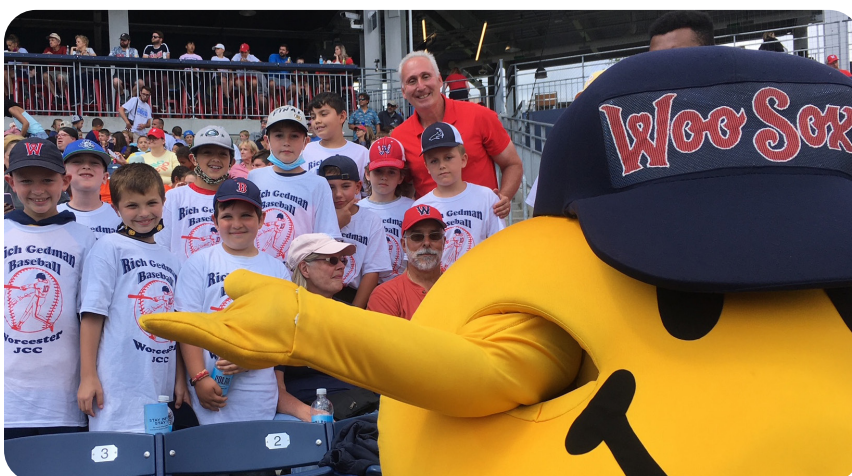
Grades 3 - 7 Fieldtrip

Worcester WooSox vs.

Lehigh Valley IronPigs

on July 30 at 12:15pm!

Transportation and tickets are included in the camp fee.



BASEBALL CAMP Member Non-Member

Week 6 Grades 3-7 Full Day.....	\$320\$350
Week 6 Grades 1 & 2 Full Day	\$300\$330
Week 6*	\$235\$265

*Grades 1 & 2 Half Day 9am-1pm

For additional swim instruction

Swim Lessons Preschool - Grade 6, Sessions begin in June



Our goal is to provide a safe learning environment to enhance swimmers' skill progression. Our Red Cross lessons are technique-based and taught by experienced **American Red Cross** certified instructors.

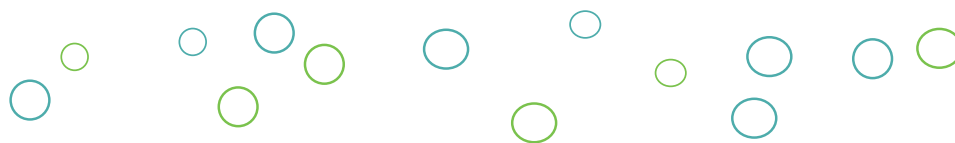
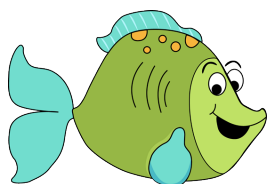


PRESCHOOL INTRODUCTORY SWIM: An introductory class for preschoolers of all levels to learn to become more comfortable in the water. The focus is on water safety and initial stroke development.

LEVEL 1 - Introduction to Water Skills: This class is for children who have no swimming skills. Children must be able to follow directions and hold on to the wall by themselves.

LEVEL 2 - Fundamental Aquatic Skills: Swimmers must have passed Level 1. Students learn to float by themselves and recover in a vertical position. They begin to move in both alternating and simultaneous arm and leg motions on the front and back to lay the foundation for future strokes.

LEVEL 3 - Stroke Development: Swimmers must have passed Level 2. This level builds on coordination of the front crawl and backstroke and introduction to elements of the breaststroke and fundamentals of treading water. Basics of water entries will be introduced.



For more information contact:

Tom Tandetnik, Aquatics Director x 250, ttandetnik@worcesterjcc.org



Registration / Fees

HOW TO REGISTER: Visit worcesterjcc.com and click on “register for summer camp”.

CAMP / PROGRAM WEEKS

Week A: June 9—13	Week 5: July 21—25
Week B: June 16—20	Week 6: July 28—August 1
Week 1: June 23—June 27	Week 7: August 4—8
Week 2: June 30—3, <i>no camp July 4</i>	Week 8: August 11—15
Week 3: July 7—11	Week 9: August 18—22 (Extravaganza) Grades 1-6
Week 4: July 14—18	

The Early Childhood Center is closed August 18—September 1

IMPORTANT REMINDER:

Massachusetts mandates we have physical health forms for all children and required CDC immunizations. The JCC strictly enforces this mandate.

If we do not have the forms prior to the first day of the program WE CANNOT ALLOW the child to join the JCC program until the form has been received.

We do not accept registrations beyond the Thursday prior to the camp week.



Preschool Summer Program 3's, 4's & 5's

(The ECC is closed August 18—September 1)

HALF Day Program 9am—1pm Member.....Non-Member

Mon—Fri.....	\$270	\$310
Week 2 (July 4th week).....	\$230	\$260

FULL Day Program 9am—4pm.....Member Non-Member

Mon—Fri.....	\$325	\$360
Week 2 (July 4th week).....	\$260	\$300

PARTIAL WEEKS 9am—4pm.....Member.....Non-Member

Mon., Wed., Fri.....	\$285	\$325
Week 2 (July 4th week).....	\$190	\$215
Tues., Thurs.	\$190	\$215
Week 2 (July 4th week).....	\$190	\$215

PRESCHOOL ELECTIVES

with Add'l Fee Per Day (4's & 5's)

Art Adventures	\$25
Born to Move	\$25
JCC Junior Chefs.....	\$25
S.T.E.M. Nature Science	\$25
Exploring Sports.....	\$25
Tower Hill	\$30

PRESCHOOL AM / PM CARE

7:30am—9am or 4pm—5:30pm..... Both am & pm

Mon—Fri.....	\$75	\$130
Week 2 (July 4th week)	\$60	\$105



Registration / Fees

Day Camp Grades 1 - 6

Lower & Upper Unit.....Member.....Non-Member

Weeks 1, 3 - 8\$300 \$330

Week 2.....\$250 \$270

Upper Unit Electives with Additional Fee

Per Week (grades 3 - 6)

- . Botanical Gardens \$215
- . Delicious Dishes \$50
- . Extreme Logo \$150
- . Gone Fishin' \$100
- . Golf \$180
- . Hiking \$100
- . Horseback Riding \$390
- . Mad Scientist \$150
- . Ultimate Obstacles \$140
- . Space Explorers \$150
- . Tennis \$50
- . Worcester Center for Crafts:
Forest Fantasy Mosaic \$240

Senior Campers Grades 7 & 8 & 9

.....Member.....Non-Member

Weeks 1, 3 - 8\$300 \$330

Week 2 no camp 7/4.....\$250 \$270

CiJ's Grade 10

.....Member.....Non-Member

Weeks 1, 3 - 8\$230 \$260

Week 2 no camp 7/4.....\$180 \$210

Extravaganza Grades 1 - 6

.....Member.....Non-Member

Week 9\$300 \$330

Sports Camp Grades 1 - 9

All-Sports Camp.....Member .. Non-Member

Weeks 1, 4, 5,\$300 \$330

Week 2.....\$250 \$270

Baseball Camp (Grades 1-7) Member .. Non-Member

Week 6 Grades 3-7 Full Day....\$320 \$350

Week 6 Grades 1 & 2 Full Day \$300 \$330

Week 6*\$235 \$265

*Grades 1 & 2 Half Day 9am-1pm

Basketball Camp.....Member .. Non-Member

Week 3\$300 \$330

Week 3*\$235 \$265

Week 7.....\$300 \$330

Week 7*\$235 \$265

*Grades 1 & 2 Half Day 9am-1pm

Soccer Camp.....Member .. Non-Member

Week 8\$300 \$330

Week 8*\$235 \$265

*Grades 1 & 2 Half Day 9am-1pm

AM / PM Care

7:30am—9am or 4pm—5:30pm Both am & pm

Mon—Fri \$75 \$130

Week 2 (July 4th week)\$60\$100

To receive member rates, your account must be current (no past due amounts) and your family membership must be active by January 24, 2025 or one month prior to registration and thru August 15, 2025. Additional non-member fees will be charged if your membership is not in effect during the camp dates your child attends. Three-month summer members pay non-member camp fees.



General Information

ALL ARE WELCOME

We welcome children of all faiths and cultures. Non-members attend summer programs at non-member prices.

CAMP / PROGRAM HOURS

See individual programs descriptions for hours. AM/PM Extended Day available (additional fee) from 7:30—9:00am
& 4:00—5:30pm

CELL PHONES / ELECTRONIC DEVICES

Children are not allowed to have a mobile device at the JCC. If you need to reach your child, contact the Program Director and we will bring your child to the office.

DEPOSITS

A non-refundable deposit of \$75 per week/per child is required and must accompany each application.

FINANCIAL ASSISTANCE

Need-based scholarships are available to parents and legal guardians of children. For information and a scholarship application please contact the program registrar Jeannine Peloquin for at 508-756-7109 X226, jpeloquin@worcesterjcc.org.

J ALERT - TEXT COMMUNICATION

Sign up for J Alert, the JCC text message alert system! JCC members and participants sign up to receive JCC text messages via their cell phones to be notified in case of emergency any critical opening/closing time changes and other important information.

JCC MEMBER RATES

To receive member rates, your account must be current (no past due amounts) and your family membership must be active by January 24, 2025 or one month prior to registration and thru August 15, 2025. Additional non-member fees will be charged if your membership is not in effect during the camp dates your child attends. Three-month summer members pay non-member camp fees.

LICENSING

JCC camps are licensed by the Massachusetts State Department of Public Health. JCC meets and exceeds all of the health and safety guidelines set forth by the Commonwealth of Mass.

PAYMENT

Payments are all due by Friday, May 9, 2025. After May 11, payment in full is due at the time of registration. Children will not be permitted to attend if fees are not paid in full. **No refunds of any fees after Thursday, May 15, 2025.**

RED CROSS SWIM

Swim lessons taught by American Red Cross certified instructors.

REGISTRATION DEADLINE

We do not accept registrations beyond the Thursday prior to the camp and program week. This is to accommodate timely enrollment information and adequate staffing.

SAFETY AND SECURITY

Safety is of utmost importance at the JCC. Many of our staff have first aid certification and CPR training specifically for children. Camp and program staff augments the pool supervision provided by full-time American Red Cross certified lifeguards. Staff are CORI/SORI background checked through the state of Massachusetts.

Experienced professionals supervise and implement all Summer programs. Children are under the direct supervision of a trained staff member at all times.

STAFF

- Expert instructors for art, swimming, and sports
- Certified Red Cross lifeguards and swim instructors
- CPR/First Aid certified administrative staff
- Caring, fun-loving, energetic, and kid-friendly counselors
- Staff have pre-camp training in group dynamics, conflict resolution, peer relationships, self-esteem, safety, and creative programming

VALUES AND CULTURE

We model and integrate into summer life the values that are common across many religions of being a good person, sportsmanship, “random acts of kindness,” social action, and awareness. Children of diverse faiths and cultures participate in our camp programs and are exposed to Jewish and Israeli culture.



Policies

SPECIAL NEEDS / ACCOMMODATIONS POLICY

It is the responsibility of parents/guardians to bring any special physical, medical, or behavior needs to the attention of the Program Director/Directors prior to enrolling their child. This information will assist us in providing a positive experience for your child.

The Worcester JCC Summer Camp/Preschool Summer Program work to accommodate all interested children. However, our programs are extremely active with a large number of transitions and sensory changes throughout the day. Children are expected to keep up and keep going. They must also be able to follow all directions, rules, and expectations independently. Children must participate well with others and follow all safety rules with minimal adult prompts. For certain special needs our programs are wonderful, for others it puts the child and the staff in uncomfortable and unsafe situations. We are responsible for the safety and well-being of all campers and cannot allow one child to jeopardize this obligation. Please call to discuss your child's particular needs. Please be prepared to discuss any school service plans applicable to your child.

REFUND POLICY

- Deposits are non-refundable (\$75 per week) per child.
- If you cancel before May 15, 2025, you will receive a full refund, less the deposit.
- From May 15, 2025, until the end of the camp and program season, camp are not refundable.
- All fee-based electives are non-refundable.
- The Worcester JCC does not pro-rate for missed camp/program days. This includes missed days due to family plans, medical absences, or if your child is asked to withdraw.

LATE PICK-UP POLICY

On certain occasions, when a parent must be late, the JCC has established these firm policies:

- Parents must call the JCC to let us know what time they will expect to arrive or to inform us of alternate transportation arrangements that have been made.
- Parents will be assessed a \$1.00 per minute/per child late fee when they are late past their scheduled pick-up time.

Important Reminders:

MASSACHUSETTS MANDATES WE HAVE PHYSICAL HEALTH FORMS FOR ALL CHILDREN AND REQUIRED CDC IMMUNIZATIONS. THIS IS STRICTLY ENFORCED.

If we do not have the forms prior to the first day WE CANNOT ALLOW the child to join the JCC program until all forms have been received. We do not accept registrations beyond the Thursday prior to the next week.



About our Directors



MEGAN CATLIN YOUTH AND CAMP DIRECTOR; mcatlin@worcesterjcc.org, x 238

Megan has over 20 years experience working with children. She has a Recreation Management degree from Westbrook College. She brings her programming experience and love of working with children to the JCC's summer camp program.



CHRIS DIONIS ASST. YOUTH AND CAMP DIRECTOR; cdionis@worcesterjcc.org, x 231

Chris has worked for JCC summer camps and afterschool programs since 2010. In addition, he has worked for AstraZeneca pharmaceuticals, as a Records Analyst for the USDA, and for the Seven Hills Foundation.



BARBARA BOROWSKA-BEHPOURI ECC DIRECTOR; bborowska@worcesterjcc.org, x 225

Barbara has been in the Early Childhood field for 17 years. She attended Worcester State University, receiving her B.A, M.Ed, and Leadership Certificate in Early Childhood Education. She has a passion for working with children and their families.



AMANDA GRZYP ASST. ECC; agrzyb@worcesterjcc.org, x 258

Amanda is a 2018 graduate of Bay Path University with a BA in Early Education. Amanda has worked in the Early Education field for 12 years. She loves children and the art of teaching them new things. She loves to help educators reach their goals and water the minds of our future.



TOM TANDETNIK AQUATICS DIRECTOR; ttandetnik@worcesterjcc.org, x 250

Tom is certified as an American Red Cross Lifeguard Instructor Trainer, Lifeguard, Swim Instructor, First Aid/CPR/AED Instructor. The Aquatics Department of the Worcester JCC has been part of Tom's life for two decades now. Starting as a Lifeguard in 2014, Tom returned to the JCC in 2022, taking on the role of Assistant Aquatics Director in 2023 and is now the JCC Aquatics Director.



BOB BERMAN HEALTH & PHYSICAL EDUCATION DIRECTOR; bberman@worcesterjcc.org, x233

Bob brings 42 years of administrative experience coaching youth sports and directing camps. He holds a degree in Sport Management from UMass Amherst. Bob was inducted into the Class of 2013 NE Basketball Hall of Fame as an Administrator for his contributions to youth basketball throughout New England.



KYLE MURDOCK ASST. HEALTH AND PHYSICAL EDUCATION DIRECTOR;
kmurdock@worcesterjcc.org x213

Kyle is a 2023 graduate of UMass Amherst, earning a Bachelor of Science in Exercise Science. He brings experience from his time working in fitness centers and physical therapy clinics, where he developed expertise in training and rehabilitation. As an ACE-certified personal trainer with CPR and AED certifications, Kyle is committed to fostering health, wellness, and safety. He has effortlessly stepped into the role of Assistant Health and Physical Education Director.

Your Summer Adventure Starts Here!





J ALERT - TEXT COMMUNICATION - SIGN UP TODAY!

Sign up for J Alert, the JCC text message alert system and receive JCC text messages via their cell phones to be notified in case of emergency any critical opening/closing time changes and other important information. Visit <https://tinyurl.com/3rxxbduk>.



Registration 2025

Important Reminders:

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[HTTPS://WWW.WORCESTERJCC.ORG/SUMMER-CAMPS/](https://www.worcesterjcc.org/summer-camps/)

633 SALISBURY ST., WORCESTER, MA 01609
508.756.7109 | [WORCESTERJCC.ORG](https://www.worcesterjcc.org)