



CenterNews

SAVE UP TO 15%* Camp Brochure online
at worchesterjcc.org
Summer Day Camps Kickoff

ONE DAY ONLY IN WORCESTER
Sunday, February 5, 2012
9:00 am - 1:00 pm at the Worcester JCC

OR

ONE DAY ONLY IN WESTBOROUGH
Sunday, February 12, 2012
8:00 am - 11:00 am at B'Nai Shalom
117 East Main Street, Westborough

MORE WEEKS, MORE SAVINGS!
REGISTER FOR: 1 - 3 weeks - **SAVE \$5%***
4 - 6 weeks - **SAVE \$10%***
7 + weeks - **SAVE \$15%**

You can combine the weeks for all children in one family to reach the maximum savings.

*Off total fee (includes electives, extended day & transportation)

NEW SUMMER DAY CAMPS: (In addition to your favorites!)
Camp Keshet, grades K - 6, one week specialty camps in art, musical theatre, tennis, Lego® robotics and Karate.
Camp A La Carte, grades K - 6, enhanced early and late summer program. Daily choice of activities including arts, wall climbing, cooking, sports and more!
Teen Travel Camp, grades 7 - 9, tentative program and schedule: July 30-August 2, travel to Philadelphia & beyond.
August 13 - 16, day trips to Boston, Six Flags, Water Country and George's Island.

Last Chance ... Limited Tickets Available

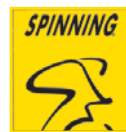


MYSTERY DINNER THEATRE
Mechanics Hall
Saturday, February 11, 2012
5:30 - 10:30 pm
Tickets: \$85/pp, \$850/table of ten

5:30 - 6:30 pm: Silent Auction and Cash Bar
6:30 p.m.: 3 Course Dinner by Struck Catering & Show.

All your local celebrities are suspects!

TO BENEFIT YOUTH SCHOLARSHIP at the Worcester JCC



Our new Spin Room is now open!!
Go down the stairs to the left of the gym and turn left at the bottom of the stairs. You will like what you see!!!!

Worcester JCC

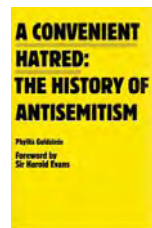


February is... American Heart Month

Please join the fitness and physical education staff in recognizing February as Heart Health Month. Heart disease is the leading cause of death for both men and women. The most common type of heart disease is coronary artery disease (CAD). You can reduce your risk for CAD through lifestyle changes. This includes a commitment to exercise. Pick a class, bring your energy, your friends and your good will. We have a suggested donation, but no one will be turned away. All proceeds will go to the American Heart Association. Mark your calendars!

See page 3 for details

8th Annual WORCESTER JCC AUTHOR SERIES



PHYLLIS GOLDSTEIN
author of *A Convenient Hatred: The History of Antisemitism*
At the WORCESTER JCC
Wednesday, February 15, 2012
7:30 pm No Fee



DEBORAH DWORK
author of *A Boy in Terezin: The Private Diary of Pavel Weiner*
AT THE WORCESTER JCC
Thursday, March 1, 2012
7:00 pm No Fee

Announcing the 2012
Yom HaShoah Fifth Annual Essay
Contest for ages 12-18
Gavriel Levi Awards
See page 10 for details

Shabbat Candlelighting
February 3 4:45 pm
February 10 4:54 pm
February 17 5:03 pm
February 24 5:12 pm
March 2 5:21 pm



Development



2012

Pam Cherkas,
Special Projects
Director, x 252
pcherkas@worchesterjcc.org



MYSTERY DINNER THEATRE & SILENT AUCTION

LAST CHANCE!!! Limited tickets available...

Mechanics Hall - Saturday, February 11, 2012 - 5:30 - 10:30 pm

Tickets: \$85/pp, \$850/table of ten

To reserve your tickets now contact Pam Cherkas, x 252,
pcherkas@worchesterjcc.org.

Visit our website to purchase your tickets online.

5:30-6:30 pm: Silent Auction & Cash Bar

6:30 pm: 3 Course Gourmet Dinner (either Tenderloin Filet or Vegetarian Polenta Napoleon) by Struck Catering & Show. All of your local celebrities are suspects!

Proceeds benefit Worcester JCC Youth Scholarship

Membership

Call Me!

UPGRADE



Do you know that group exercise classes are included in your Basic Membership? No need for prior sign-up or additional fees. Please check out the group exercise schedule on-line at worchesterjcc.org or stop by the kiosk. There are classes for everyone!

Kelly Whalen
Membership Director, x 236
kwhalen@worchesterjcc.org

KICK OFF
HEALTHY HEART MONTH
AT THE JCC BY
WEARING RED ON
FRIDAY, FEBRUARY 3



Show your support for the groundbreaking national movement that helps raise awareness of heart health. Make a \$5 contribution to the American Heart Association and you will receive a beautiful GO RED Dress Lapel Pin. Your donation will help advance research and education to prevent and treat heart disease and stroke.

MEMBERS...use the REFER-A-FRIEND MEMBERSHIP PROGRAM and receive a \$50, \$25 or \$10 renewal credit to use towards your next membership renewal and it's this easy...

HERE'S HOW IT WORKS:

- There is no limit to the number of new members you can bring to the JCC.
- New membership must be paid in full at the time or payment plan established.
- Credit voucher good on 12, 6, and 3 month memberships. Does not include Senior Adult Club.
- \$50, \$25 or \$10 renewal credits may be used to reduce membership fees at your next renewal date. (Cannot be used to pay current open balances).
- Hold onto the voucher(s). At the time of your membership renewal, deduct your credit from your renewal fee and return the voucher(s) with your payment. (Valid for one year from issue date). Nontransferable. No cash value.

Questions - please contact the front desk at 508-756-7109 x 0 or Kelly Whalen x 236.

Upgrade your current membership to add the Spa or Fitness Center during the month of February and receive 1 month of upgraded service FREE!

*Existing memberships only, must not have had upgraded services for 6 months.

All other promotions excluded

Membership Updates Needed:

Help us keep our membership records current. Please notify the kiosk if you have moved, have a new telephone number or a new addition to the family. All members age 10+ are required to have a membership ID card. If you have a child turning 10, please stop at the kiosk to obtain a membership ID for him/her.

Adult Guest Pass...

Guest passes can be purchased for a friend or family member at the kiosk. Do you have guests visiting? Why not treat them to a day at the JCC! Take a class, go for a swim, get a massage, or relax in the spa.

\$15/day or \$35/week (7 consecutive days). You may bring a guest with you to the JCC and they can enjoy whatever privileges you have. You need to accompany your guest to the JCC.

Kids Guest Pass...

available at the kiosk for children ages 14 and younger \$5/day or \$25/week (7 consecutive days).

@Health & Wellness



Elaine Drawbridge,
Fitness Director, x 230
edrawbridge@worcesterjcc.org

Please join the Fitness Center Staff and the Health & Physical Education Staff in recognizing February as National Heart Health Month. Heart disease is the leading cause of death for both men and women. The most common type of heart disease is coronary artery disease (CAD). You can reduce your risk for CAD through lifestyle changes. This includes a commitment to exercise. Pick a class, bring your energy, your friends and your good will. We have a suggested donation, but no one will be turned away. All proceeds will go to the American Heart Association.



MARK YOUR CALENDARS!!!

SUNDAY, FEBRUARY 5..... 8:00 - 11:00 AM:

SPIN-A-THON....in our new spin room! The suggested donation at the door is \$15/hour/bike for a 3 hour spin class. Come and support your favorite instructor (or instructors). There will be a sign up sheet. Limit yourself to one hour (unless there are bikes that are not reserved).

SUNDAY, FEBRUARY 12.....9:00 - 11:00 AM:

ZUMBA-A-THON.....Join your JCC instructors (and maybe some guest instructors) in this 2 hour class in the group ex room. Suggested donation of \$20 at the door. Stay for some or all of the party.

TUESDAY, FEBRUARY 14.....6:30 - 8:00 PM and

SATURDAY, FEBRUARY 18.....9:00AM - NOON

FREE-THROW-A-THON..... **OPEN TO ALL**... Members can get pledge sheets from our kiosk and solicit sponsors. All proceeds will be sent to the American Heart Association. For additional information to take part in this program contact Bob Berman, Health & Physical Education Director, 508.-756-7109 x 233, bberman@worcesterjcc.org.

WEDNESDAY, FEBRUARY 15

JR. NBA/JR. WNBA FIT CHALLENGE.....Members of our **After School Special program** will participate in the fun element of physical fitness. The boys and girls will have an opportunity to compete in various fun fitness stations while emphasizing the importance of maintaining an active healthy lifestyle.

WEDNESDAY, FEBRUARY 15..... 8:00 - 10:00 AM

WATER-A-THON.....See if your fingers shrivel with a 2 hour class of the best we have to offer in water fitness... waterworks, deep water, Water in Motion™, Aqua Zumba®. Something for everyone. Suggested donation \$5.

NEW



StrollFit™ begins on...

TUESDAY, FEBRUARY 7, 9:15 - 10:15 am for 8 weeks in the JCC gymnasium while the weather is "New Englandy". Cari-Lynn Fisher, ACE certified in pre and postnatal fitness and StrollFit™, will be offering this class to JCC moms and dads (and stroller age kids) free of charge (as are all of our group ex classes). There is a nonmember drop-in fee of \$10/per class. Your baby gets the best seat in the house to watch and help mommy (or daddy) exercise. Come and meet others in the same crazy life stage you are in!!

A Worcester JCC/PJ Library collaboration.



WINTER WEATHER REMINDER ... now that it is finally here (off and on), please remember that when there is a delay or cancellation of Worcester Public Schools, all 6:00 am classes will be cancelled.

KUDOS TO CASSY CURRIE AND ELAINE DRAWBRIDGE on passing the WaterInMotion assessment requirements. We are now officially certified and one of the few facilities in New England able to offer this great water fitness program.

PLEASE WELCOME two new instructors to the JCC. Monica Wolf will be taking over the Wednesday, 6:30 pm Yoga class from Steve Rubin. Steve is taking a leave of absence ... he will be back and I look forward to potentially having 2 classes on the schedule. Kristen Hunt is our new Spin instructor alternating with Michael Maltais on Monday at 5:30 pm. Eileen has moved to early morning on Wednesday at 5:30 am.

DO YOU LIKE OUR NEW SPIN ROOM?

Early Childhood



Sandy Scola,
Early Childhood &
Camp Sabra Director, x 258
sscola@worcesterjcc.org

The preschool has been learning about Tu B'Shevat, the birth-day of the trees. Since it is too cold to plant trees outside, some classes are planting parsley and other herbs indoors. Others are having picnics inside and all the classes are eating fresh fruits as part of this special holiday. Miss Beth has taught us several songs which celebrate the holiday and of course we know how to sing Happy Birthday, in Hebrew, to the trees.

Other areas of interest that are being investigated by the children in the preschool are Shadow and Lights, Maps, Winter, Health and Doctors. We are also celebrating Heart Month with a visit from the tooth fairy. She is coming to visit the toddlers and the preschoolers and talk about oral hygiene and healthy teeth on February 2nd and 3rd. The classrooms are having conversations and discussions about healthy foods and healthy activities. We have altered our snack menu to reflect healthier nutrition and healthier choices at snack time for the children.

We will have a Community Shabbat in the Early Childhood Common Room which is open to the public on Friday, February 24, 11:00 am. Come and visit our preschool and celebrate Shabbat with us.



Robin Burwick,
Early Childhood
Assistant Director, x 225
rburwick@worcesterjcc.org

SUMMER DAY CAMP KICKOFF...
Sunday, February 5, 9am-1pm at the Worcester JCC.
OR
Sunday, February 12 8am-11 am at B'Nai Shalom,
117 East Main Street, Westborough
CAMP BROCHURE ONLINE AT WORCESTERJCC.ORG

Registration for 2012/2013 is open and now being accepted!!

Early Childhood and After School Special parents are invited to attend a CPR CLASS on Tuesday, February 28 from 7:15 - 9:15 pm at the JCC ... \$50 fee for certification cards and manuals. Please register at the kiosk.

After School Special



Megan Catlin
After School Special
Director, x 238
mcatlin@worcesterjcc.org

2012 is off to a great start!

The New Year brings some changes to the After School Special Program.

The first and second graders have a new room. They have a nice, bright, cheery room on the first floor:

Tedy says - "I like the stools, the yellow chairs and the new tables".

Jason says - "I like the new chairs, the computers and the blocks".

The third graders are down stairs in their cozy "club house":

Gianna says - "It's the same room but it looks better and it's more fun because everyone is in the same room".

Kristen says - "I like all the pictures on the walls and it's better to be in one room".

The fourth, fifth, and sixth graders are upstairs in their new room. The room has nice big windows and a fresh open feel to the space. This is a great space for the older group, it gives them a bit more freedom and the privacy they need:

Samantha says - "I like that the room is divided, people doing their homework have a quiet space".

Matt says - "It's big and cool!".

Selam says - "It's more organized, easier to get work done and not as loud".

We would like to thank Boris, and his staff and Dave for all their hard work over the December break. Without them, we wouldn't have all these beautiful new spaces!

February is National Heart Health Month. ASSP is planning a "Walk for Healthy Kids!" and a "Penny War" to raise money to donate to the American Heart Association. We hope everyone joins in!



KinderSpecial

Half-Day

Kindergarten Care Program

This program is designed to provide quality half-day care and activity program for elementary school children who attend half-day kindergarten. The children participate in a variety of activities under the guidance of an experienced teacher, including art, gym, cooking, and swim.

KinderSpecial is available:

*8:30 am - 12:45 pm and
11:45 am - 3:30 pm*

Monday through Friday ...

2, 3, 4, & 5 day options

The morning session has an optional early drop-off at 7:30 am. Afternoon extended day until 6:00 pm is available (5:30 pm on Fridays) through our After School *Special* Program.

Bus transportation is available to/from Dawson, Davis Hill and Mayo Schools in Holden.

Call Sandy Scola, Early Childhood Director, x 258 for more information or sscola@worcesterjcc.org



It's never too late to register for the PreSchool, KinderSpecial & After School Special Programs!



David Lachapelle,
Youth Director, x 231
dlachapelle@worcesterjcc.org



Fill-in-the Gaps

Grades K-6 ... 9am - 3pm
Members & Nonmembers
AM extended day ... 8 - 9 am
PM extended day ... 3 - 5:30 pm

The JCC provides programs for children in grades K - 6 (members & nonmembers) on these days that the Worcester Public Schools are closed:

February 20, 2012 (Monday) Presidents' Day
February 21-24, 2012 Winter Vacation
April 6, 2012 (Friday) Non-School Day
April 16, 2012 (Monday) Patriot's Day
April 17-20, 2012 Spring Vacation

FEBRUARY SCHOOL VACATION PROGRAM...

MONDAY, FEBRUARY 20 TO FRIDAY, FEBRUARY 24, 2012

Wednesday, February 22 will be a special "HEART HEALTHY DAY" for Heart Health Month. Learn how to keep your heart healthy with non-stop fun! We'll offer swim time, games in the gym, assorted activities and share a healthy snack.



Don't miss this special HEART FUN day!



"LATE NITE" with DAVE
Grades K-6
Thursday, February 23, 5:30-8 pm
"Let's Rock & Roll"

Do you like to sing? Do you like to play guitar or drums? We'll have a Karaoke machine & the Guitar Hero video game for us to play, dinner, and then rock the JCC.
Fee: \$15/M, \$20/NM...15-Rock Roll

Snow Camp

Snow Camp is available when schools are cancelled due to inclement weather, 8:30 am - 5:30 pm (extreme weather conditions may alter the schedule). Children participate in activities such as swimming, gym play, art & more.

FEE: \$96/M, \$126/NM for the first 3 snow days.

Additional snow days for full season participants will be billed at the rate of: \$35/per day/M, \$45/per day/NM. Drop-ins will be accepted on a space available basis at the rate of: \$45/per day/M, \$55/per day/NM.

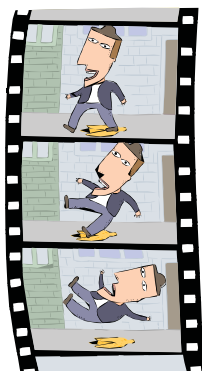
For more information call David Lachapelle, Youth Director, x 231, dlachapelle@worcesterjcc.org.

Teens - grades 6 - 9

Contact Tali at the JCC 508-756-7109 x 245 or tmugg@worcesterjcc.org



Tali Mugg,
Teen Director, x 245
tmugg@worcesterjcc.org



Celebrate Presidents' Day at the "J"

Come One - Come All!!

Bring a Friend or come alone!

Join us for a movie, pizza and hot chocolate

Monday, February 20...5:30 - 7:30 pm

Grades 6 - 8

\$4.00 Members; \$5.00 Nonmembers

Summer Day
camp
CATCH THE SPIRIT!

Summer
Day Camps Kickoff
SAVE UP TO 15%*

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*off total fee (includes electives, extended day & transportation), one day only, in Worcester or Westborough.

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Teen Travel Camp, grades 7 - 9, tentative program and schedule: July 30-August 2, travel to Philadelphia & beyond.
August 13 - 16, day trips to Boston, Six Flags, Water Country and George's Island.

Details in our camp brochure available online.
worcesterjcc.org

SNOW CAMP POLICY: If you decide to keep your child at home on a snow camp day for any reason, you cannot carry forward a credit or receive a refund for the day not used. Should there be fewer than 3 snow camp days run by the JCC, you will receive a refund for the number of days paid that snow camp is not in session.

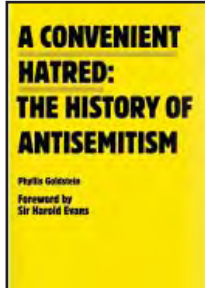


📍 JCC Author Series/2012



Nancy Greenberg,
Cultural Arts Director,
Adult/Senior Adult
Director, x 232
ngreenberg@worchesterjcc.org

FREE and open to the public. Dessert reception follows lecture & book signing.
RSVP appreciated, by calling Nancy Greenberg, 508-756-7109, x 232,
ngreenberg@worchesterjcc.org



Phyllis Goldstein author of
*A Convenient Hatred:
The History of Antisemitism*

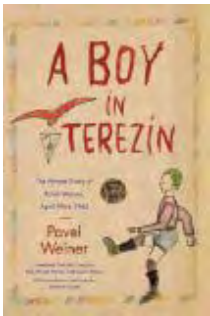
AT THE WORCESTER JCC
Wednesday, February 15, 2012, 7:30 pm, No Fee

Co-sponsored by Jewish Federation of Central Mass

From Facing History and Ourselves, a nonprofit organization that helps millions of citizens of all ages confront the lessons of history, comes an approachable, well-researched narrative of the world's oldest consistent hatred and its implications for the moral choices we make.

A Convenient Hatred: The History of Antisemitism introduces this very particular hatred through powerful stories that allow readers to see themselves in the tarnished mirror of history. In doing so, the book raises important questions about the consequences of our assumptions and beliefs and the ways we as individuals and as members of a society make distinctions between "us" and "them", right and wrong, good and evil. Those questions are both universal and particular.

RSVP appreciated to Nancy Greenberg, 508-756-7109 x 232, ngreenberg@worchesterjcc.org



Deborah Dwork

A Boy in Terezin: The Private Diary of Pavel Weiner

Introduction and notes by Deborah Dwork

AT THE WORCESTER JCC, Thursday, March 1, 2012, 7:00 pm, No Fee

Co-sponsored by Worcester Community Hebrew High School and Temple Sinai High
This program is perfect for teens and adults - All are welcome!

Deborah Dwork, Rose Professor of Holocaust History and Director of the Strassler Center for Holocaust and Genocide Studies at Clark University will present her eighth book, *A Boy in Terezin: The Private Diary of Pavel Weiner*, at the Worcester JCC.

A Boy in Terezin, is the annotated diary of Czech thirteen year old Pavel Weiner, written during his third and last year in the Terezin transit camp, from April 1944 until just before liberation in May 1945. While famous and infamous figures flit from entry to entry, Pavel reported what mattered to *him*. Through the pages of his journal we learn about the daily life of a young boy in a Nazi camp: his hopes and fears, ambitions and worries.

Pavel forgot about his diary in the postwar period, rediscovering it in 1979, when moving his mother to New York, where he, his wife and daughter lived. Translating his diary into English took Paul many years, but this has provided another layer of authenticity to the voice we read. Paul gifted his original diary to the U.S. Holocaust Memorial Museum.

RSVP appreciated to Nancy Greenberg, 508-756-7109 x 232, ngreenberg@worchesterjcc.org

📍 Cultural Arts

Hymn to the Earth: Photographs by Ron Rosenstock



Photographs by Ron Rosenstock at the Worcester Art Museum

A solo exhibition of black and white photographs, entitled *Hymn to the Earth*, by renowned landscape photographer, Ron Rosentock, is currently on exhibit at the Worcester Art Museum. Join us at the Worcester Art Museum, Wednesday, February 29, at 1:00 p.m., as Ron speaks to our group about his photography. This exhibit is a "must see"!! All are welcome!

Please note, you may have seen Ron around the JCC as he is a long time member, not to mention the founder of the JCC Gallery!

Please RSVP to Nancy Greenberg, 508-756-7109 x 232, ngreenberg@worchesterjcc.org by Wednesday, February 22, if you plan to attend

Free for WAM members. Museum entry fee for non WAM members

☐ JCC Gallery Happenings

Did you know that the art on display at the JCC Gallery is for sale and that a portion of the proceeds benefits the JCC Cultural Arts program!!

February 2012

Quilts by Iris Sonnenschein

A self-taught textile artist, Iris began quilting in 1990 with a group of new friends who got together every month to learn traditional techniques and designs. While the group still meets monthly to provide artistic support and encouragement, Iris has moved away from traditional quilting towards a more personalized and abstract form, focusing on art quilts and Judaica.

"I find inspiration in nature, music and works of art, and I love combining textures and colors to evoke a general sense of place, as opposed to one particular object. The idea of creating a piece of art that can be touched, and can reflect a mood or a moment, feeds my creative energies; working with clients to create art that speaks uniquely to them, feeds my spirit."

A resident of Brookline, MA, Iris's work can be seen in area Open Studios and at installations in the Yawkey Family Inn, Brookline, Ma, at Children's Hospital, Boston, among other places.



☐ Enrichment



Palm Reading (Palmistry)... Palm Reading is as old as humanity itself. Its primary use is as a way of exploring the self, rather than foretelling the future. Are you curious about what your hands say about you? The lines on your hands are constantly forming, changing and disappearing. Enjoy a fun evening deciphering the meanings of the lines on your palms! Please register in advance by Tuesday, February 14.

Tuesday February 21 7:00 pm Fee: \$5/m, \$7.50/nm 50-5005-1

Join the JCC Book Club! Mondays, 10:30 am

There's nothing better than getting together to discuss a good book!

UPCOMING MEETINGS:

- Monday, February 13 ... *Catcher in the Rye*, by JD Salinger
- Monday, March 12 ... *The Immortal Life of Henrietta Lacks* by Rebecca Skloot
- Monday, April 9 ... *In the Garden of Beasts* by Erik Larson
- Monday, May 14 ... *Death Comes to Pemberley* by P.D. James
- Monday, June 11 ... *The Quiet American* by Graham Greene
- Monday, July 9 ... *To Kill a Mockingbird* by Harper Lee

The JCC Book Club welcomes newcomers! Must be JCC member. No Fee. For more information, Nancy Greenberg, Cultural Arts Director, 508-756-7109 x 232, ngreenberg@worcesterjcc.org

Adult Program of the JCC

Mondays, 11:30 am - 12:30 pm

Class taught by Congregation Beth Israel's new rabbi, Steve Schwarzman, The Sexiest and Most Holy Books in The Bible: Five Megillot.

Drop-in the Senior Adult Lounge, Ongoing; Bring a brown bag lunch; Free; All are welcome!! For more information call Nancy Greenberg 508-756-7109 x 232; ngreenberg@worcesterjcc.org

DVD Series - Brown Bag Lunch! New Series....



The World was Never the Same: Events that Changed History

History is made and defined by landmark events that irrevocably change the course of human civilization. These events have given us spiritual and political ideas, battles and wars, scientific and technological advances, world leaders both influential and monstrous, and cultural works of unparalleled beauty.

Professor Rufus Fears, David Ross Boyd Professor of Classics at the University of Oklahoma, presents 36 defining events, 36 captivating stories in this engaging NEW class.

ALL ARE WELCOME! No problem if you miss a week - each week's viewing stands alone. Bring your lunch, watch the DVD and discuss!

Thursdays 11:30 am - 12:30 pm no fee drop in ongoing

Information & Referrals

For information and referrals to local resources, including housing, health and social issues please call Sue Granoff, Director of Volunteer Services at x 273, sgranoff@worcesterjcc.org

☐ Travel with the JCC...Contact Nancy Greenberg x 232 for information on all trips

Presented by Worcester JCC and Collette Vacations

Discover the French Riviera ... Sunday, April 22 - Sunday, April 29, 2012

South Dakota - the Black Hills & Badlands ... Tuesday, September 4 - Monday, September 10, 2012

☐ Day Trips



Day trip to the newly expanded Isabella Stewart Gardner Museum Wednesday, March 28, 2012

Bus departs JCC at 10:00 am; returns approximately 4:30 pm

Join us for a guided tour of the permanent collection. Be among the first to experience the Gardner's New Wing & new exhibits.

Modeled after a 15th century Venetian Palazzo with an interior courtyard garden, the Gardner Museum houses a preeminent collection of fine art spanning 30 centuries and featuring works by Titian, Rembrandt, Michelangelo, Botticelli, Manet, Degas, and Sargent, as well as changing contemporary and historic exhibitions, classical concerts, lectures, and special events. The spirit of the architecture, the personal character of the arrangements, and the artistic display of the courtyard in full bloom, all create an atmosphere that distinguishes the Gardner. The museum will open its new wing, designed by Pritzker Prize-winning architect Renzo Piano, in January, 2012.

Lunch on your own at the Museum Cafe.

Fee: \$60/M, \$65 Sr. Club M, \$69/NM...45-0328

Please register by Friday, March 16. For more information call Nancy Greenberg, 508-756-7109 x 232, ngreenberg@worchesterjcc.org

☐ Senior Adult

Lunch-Out:

Worcester's best kept secret! Open to any Adult 60+

Tuesday and Thursday ... at 12 noon ... at Bet Shalom Apartments, 475 Chandler St., Worcester

**A HOMEY ENVIRONMENT, GOOD COMPANY, A GREAT VALUE!
BRING A FRIEND!**

Don't feel like cooking? Join us for a delicious, hot, home-style, kosher lunch ... For Adults 60+ - Suggested donation \$3

Transportation available ... Please register by 12 noon the day before, by calling 508-756-7109 Nancy Greenberg x 232 or Sue Granoff x 273.

☐ Senior Adult - Celebrate with us!

Annual Purim Luncheon:

NEW

Join us for our annual Purim Luncheon, Thursday, March 8 - 12 noon at Bet Shalom Apartments, 475 Chandler Street, Worcester. A full course meal including hamantashen for dessert will be served! Special entertainment to be announced. \$4 (and well worth it!). Please call 508-756-7109, Nancy Greenberg x 232 or Sue Granoff x 273 to reserve, by Monday, March 5.

☐ Volunteer Services

Join the JCC Volunteer Program "Love Corps" League of Volunteers for the Elderly



Sue Granoff,
Director of Volunteer
Services, x 273
sgranoff@worchesterjcc.org

- Friendly Visitor: Visit an isolated elderly person in his/her home for an hour each week.
- Nursing Home Visitor: Visit Jewish residents in an area nursing home for an hour each week.
- Phone Friend: Make daily reassurance phone call to an isolated elderly person.
- Foster Grandparent: Visit a child or teenager for one hour each week.
- Escort: Accompany a senior to an appointment.
- Driver: Supplement the vans.
- Senior Reader: Visit & read to kindergarten & first grade students 1 hour each week.
- Nursery School Aide: Visit & assist JCC & Temple Emanuel Nursery Schools for 3 hrs. each week.
- Joyful Singers: Sing in a choral group led by Christine Bergquist. Scheduled performances.
- Man Talk Volunteer: Tues. - Help set-up, serve & clean-up from breakfast for weekly men's group.
- Mailings: Help stuff & label bulk mailings.
- Hostess at Congregate Meals: Set-up, serve and clean-up from twice-weekly-Congregate Lunch program at Bet Shalom.

NEW



Tanglewood

TANGLEWOOD TRIP!

Lunch at... The Red Lion Inn!

Save the Date!

SUNDAY, JULY 15

Please join us for our annual summer day trip to Tanglewood, Sunday, July 15! As always, we will be seated in the Shed at Tanglewood!!

New this year, is our lunch destination! We will be dining at the charming and historic **RED LION INN** in Stockbridge. Luncheon entree selection: herb grilled chicken breast or pan seared salmon.

Boston Symphony Orchestra

Andris Nelsons, conductor
Tanglewood Festival Chorus, John Oliver, conductor
Stravinsky Symphony of Psalms
Brahms Symphony No. 2

Fee: \$94/member, \$99/Senior Club, \$105/nonmember

(\$7 less than 2011)

Registration deadline: Wednesday, June 6, 2012

For more information call Nancy Greenberg, Cultural Arts Director at 508-756-7109 x 232, ngreenberg@worchesterjcc.org

ManTalk: For men 65 and better!!!

The JCC's very own Retired Men's Club!!

Join us on **Tuesday mornings, 9:00 - 10:00 am**

for a light breakfast, lively discussion, guest speakers, and camaraderie! \$2.00/week. For more information call

Nancy, 508-756-7109, x 232, ngreenberg@worchesterjcc.org

Health & Physical Education



CAMP BROCHURE ONLINE AT WORCESTERJCC.ORG
SUMMER SPORTS SPECIALTIES



Bob Berman, x 233,
 H & PE & Program Director,
 Summer Sports Specialties,
 bberman@worcesterjcc.org

BASKETBALL CAMP

GRADES 1 & 2 and GRADES 3 - 9

Week 1 - June 25 - 29
 Week 7 - August 6 - 10
 Monday - Friday
 Grades 1 & 2 - 9:00 a.m. - 1:00 p.m. * **
 Grades 3 - 9 - 9:00 a.m. - 4:00 p.m.**

BOYS SUMMER BASKETBALL LEAGUES

GRADES 6 - 8

BACK BY POPULAR DEMAND!
 Tuesdays 8 Weeks July 10 - August 28
 5:30 or 6:30 p.m. games

GRADES 9 - 12

Thursdays 8 Weeks July 19 - Sept. 6
 6:00, 7:00 & 8:00 p.m. games

RICH GEDMAN BASEBALL CAMP

GRADES 1 & 2 and GRADES 3 - 7

Week 3 - July 9 - July 13
 Monday - Friday
 Grades 1 & 2 - 9:00 a.m. - 1:00 p.m.
 Grades 3 - 7 - 9:00 a.m. - 4:00 p.m.

Aquatics

ATHLETIC PERFORMANCE TRAINING ... GRADES 9 - 12

Tuesday and Thursday ... 5:00 p.m. - 6:30 p.m.
 4 Weeks - June 19 to July 12.....8 sessions
 4 Weeks - July 17 to August 9.....8 sessions
 4 Weeks - August 14 to Sept. 6.....8 sessions

SUMMER SWIM LESSONS

PRESCHOOL (AGES 3-5) & GRADES K - 6

Preschool (ages 3-5) - Level 1 & 2 - 3:30 - 4pm
 Grades K - 6 - Level 1 & 2 - 4:00 - 4:30 pm
 Grades K - 6 - Level 3 & 4 - 4:00 - 4:30 pm

GYMNASTICS CAMP

GRADES 1 - 4

Week B - June 18 - 22*
 Week 4 - July 16 - 20*
 Week 8 - August 13 - 17*
 Monday - Friday 9:00 a.m. - 4:00 p.m.

Monday through Thursday

Week A June 11 - June 14
 Week B June 18 - June 21
 Week 1 June 25 - June 28
 Week 3 July 9 - July 12
 Week 4 July 16 - July 19
 Week 5 July 23 - July 26
 Week 6 July 30 - August 2

STRENGTH & CONDITIONING BOOT CAMP ... GRADES 8 - 12

Week B - June 18 - 22
 Week 3 - July 9 - 13
 Monday - Friday 9:00 a.m. - 1:00 p.m.



Kelly Sampson,
 Aquatics Director, x 235
 ksampson@worcesterjcc.org



Cassy Currie,
 Asst. Aquatics Director, x 250
 ccurrie@worcesterjcc.org

ALL-SPORTS CAMP GRADES 1 - 9

Week 2 - July 2 - July 6
 Week 4 - July 16 - July 20
 Week 5 - July 23 - July 27
 Week 6 - July 30 - August 3
 Monday - Friday 9:00 a.m. - 4:00 p.m.

WEEKS 4 & 5:
New Specialty LaCrosse Elective

WEEK 6:
Circus performing with "Gary the Silent Clown"

SOCCER CAMP

GRADES 1 & 2 and GRADES 3 - 8

Week 8 - August 13 - August 17
 Monday - Friday
 Grades 1 & 2 - 9:00 a.m. - 1:00 p.m.
 Grades 3 - 8 - 9:00 a.m. - 4:00 p.m.

Per the Mass. Department of Public Health...

ALL PERSONS ARE REQUIRED TO TAKE A CLEANSING SHOWER BEFORE ENTERING THE POOL!

Please remove all band-aids before entering the pool. Please tie back long hair and/or wear a swim cap. We want to provide a positive and comfortable experience at the pool for all swimmers.



JCC Wahoo Swim Team currently has openings for new swimmers. Contact Cassy Currie to set up an evaluation or with questions. The team competes in the New England JCC swim league and new swimmers are always welcome. Contact Cassy Currie, Head Coach and Assistant Aquatics Director, x 250. All new swimmers must be evaluated before registering. Minimum of 2 practices a week recommended. Participation in meets strongly encouraged.



POOL CLOSING DUE TO SWIM MEET:
 Sunday, February 19,
 12 Noon to 4:30 pm

| | |
|------------------------------------|---|
| GOLD | High level 13 & over, High School swimmers |
| JUNIOR GOLD A & B | High level 13 & under |
| SILVER | Mid level 12 & under, 10 & under, 8 & under |
| BRONZE | Novice 8 & under, 10 & under |
| VARSITY | High School swimmers |

Need some refreshers or has your schedule opened up some time for lessons for you or your child?

We offer group lessons for children on Sunday mornings and Tuesday, Wednesday and Thursday afternoons. Space is limited in some groups. Please contact Kelly Sampson x 235 or Cassy Currie x 250.

Adults can train with our swim coach, Cassy Currie and work on their swimming skills in our Masters Swim Program, contact Cassy Currie, x 250, for more information.

If the days and times we offer don't work for you and one-on-one is better, contact us and we will set up a private lesson for you.

WATER SAFETY INSTRUCTOR COURSE (WSI):

INTERESTED IN BECOMING AN AMERICAN RED CROSS WATER SAFETY INSTRUCTOR (WSI). CONTACT KELLY SAMPSON, X 235 FOR INFORMATION ON UPCOMING COURSE ON MONDAY EVENINGS. COURSE WILL BEGIN FEBRUARY 6.



Jewish Community Center
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Worcester, Massachusetts 01609
508-756-7109
worchesterjcc.org

PERIODICALS
Postage
paid at
Worcester, MA



CenterNews (USPS 275-140) is published monthly except July & August for \$1.00 per year by the Jewish Community Center, 633 Salisbury St., Worcester, MA 01609.
Postmaster: Send address changes to CenterNews, c/o JCC, 633 Salisbury St., Worcester, MA 01609. Periodicals postage paid at Worcester, MA.

Community News



ANNOUNCING the ... 2012 Yom HaShoah Fifth Annual Essay Contest for ages 12-18 Gavriel Levi Awards

Sponsored by the Jewish Federation of Central Massachusetts and a generous gift from Larry and Sherry Cann.

The primary focus is to preserve the mitzvah of memory for our youth.

Writing Challenge: To research a topic related to the Holocaust and write a thoughtful original essay, poem or create a work of art.

Who May Enter: Any student affiliated with a Central MA Synagogue as well as any educational program offered by the Jewish community of Central Mass. This contest is also open to students of schools in the JFCM catchment area. You do not have to be Jewish to participate. Every one is invited to participate.

Cash Prizes available in two categories:

Senior (grades 8-12) and Junior (grades 6-7)

Deadline for submission: Monday, April 2, 2012

For addition information contact:

Jewish Federation of Central Massachusetts, 633 Salisbury St.
Worcester, 508-756-1543, jewishcentralmass.org

Tu B'Shevat ... Wednesday, February 8

Tu B'Shevat, sometimes called Jewish Arbor Day, is a minor holiday, but one that is filled with festivity and meaning. The name of the holiday comes from the day on which it occurs on the Hebrew calendar, the 15th of Shevat. The Hebrew letters that spell the number fifteen can be pronounced at "Tu."

Just as Rosh Hashanah is the birthday of the world, Tu B'Shevat is like a birthday for trees. In texts dating from the first centuries of the Common Era, we learn that Tu B'Shevat was the day that separated one agricultural year from the next. Today we celebrate Tu B'Shevat and are thankful for the gifts of creation, especially foods that grow on trees and the beauties of nature we enjoy. The holiday also reminds us of our responsibility to care for the earth in order to preserve it for future generations.



One of the ways Tu B'Shevat is celebrated is with a special ritual called a seder, which means "order." Tu B'Shevat seders are celebrated by eating special foods, with appropriate prayers, Biblical readings, stories, poetry, songs, and discussions about nature and the environment.

JCC TRIBUTES...The Worcester Jewish Community Center wishes to extend our appreciation to the following people for your generous donations. We thank you for your continued involvement and support.

THE JCC SENIOR ADULT FUND

In memory of my husband - Ted Thomashow
Reva Thomashow

To Ron Thomashow - in memory of your father, Ted Thomashow

To Richard Thomashow - in memory of your father, Ted Thomashow

To Mark Thomashow - in memory of your father, Ted Thomashow

Reva Thomashow

To Irene Myers - in your honor

Evelyn Silver

THE JCC CULTURAL ARTS FUND

To Deena & Ron Madnick - in honor of your special anniversary
Jane & Ralph Ruthstein

To Charles Ritz - in honor of your special birthday

Cecile & Ed Plotkin

THE CAROLYN J. STEMLER SUMMER CAMP SCHOLARSHIP

To Howard Stempler - in honor of your birthday

The Stempler Family Foundation

A JCC tribute is a great way to honor an event or special person in your life!



The JCC is open to all regardless of race, color, religion, national origin, gender, sexual orientation, age, disability or economic condition.

The Center is handicapped-accessible. We reserve the right to correct typographical errors.



The Worcester JCC is a member agency of the Jewish Federation of Central Massachusetts, Inc.