

# Camp Habonim

Robin Burwick, Director  
David LaChapelle, Assistant Director

Camp Habonim immerses children entering grades 1-6 in a wide variety of exciting, memorable, and enriching camp experiences and provides happiness, relaxation, and smiles on campers' faces! Our curriculum focuses on activities that enable children to grow, build relationships, and develop self-esteem throughout the camp season. Sports, swimming, theatre, climbing tower, Judaic programs, and an art program offer a variety of enriching experiences for our campers, ensuring each child a summer of creativity, skill-building, new friends and most importantly, fun!

## Camp Habonim offers 8 - 1 week sessions of Camp

Week 1.....	June 21 - June 25
Week 2.....	June 28 - July 2
Week 3.....	July 5 - July 9
Week 4.....	July 12 - July 16
Week 5.....	July 19 - July 23
Week 6.....	July 26 - July 30
Week 7.....	August 2 - August 6
Week 8.....	August 9 - August 13

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## The Lower Unit

### Grades 1 & 2, CHILDREN ENTERING 1st or 2nd GRADE IN THE FALL OF 2010

- 2 swims daily, Red Cross instructional swim and free swim
- Traditional camp activities and Judaic programming
- Twice-weekly choice periods including wall climbing, special activities in sports, arts & crafts, and the performing arts
- Weekly cookouts
- Coed groups

**Monday - Friday, 9:00 am - 4:00 pm**

**Weeks 1 - 8, \$200 M, \$230 NM**

### Camp Habonim Extended Day Modules

Monday - Friday • 7:30 - 9:00 am • \$8 M, \$10 NM per day

Monday - Friday • 4:00 - 5:30 pm • \$8 M, \$10 NM per day

### Bus Transportation...

from the Westboro/Shrewsbury service area is available at the rate of \$12/per day/round trip or \$7/each way.

No refunds for transportation services.

M=JCC Member

NM=JCC Non-Member



israeli day!



in hawaii?



fun at the pond!

# The Upper Unit

# Grades 3-6

CHILDREN ENTERING GRADES 3-6 IN THE FALL OF 2010

**Electives:** Campers register for a single elective which runs **5 mornings each week**.

- Elective choices must be made at the time of registration.
- First choices are not always available.
- If first choice is not available, campers will automatically be assigned another choice.
- All choices are appropriate for beginners and more advanced participants.

**Swimming:** Instructional swim for all campers enrolled in electives that take place on the JCC campus. All campers will participate in daily free swim.

**Traditional** camp activities and Judaic programming.

**Cookouts:** One each week

**Monday - Friday 9:00 am - 4:00 pm**

Weeks 1 - 8 - \$205 M, \$235 NM

**Camp Habonim Extended Day Modules**

Monday - Friday • 7:30 - 9:00 am • \$8 M, \$10 NM per day

Monday - Friday • 4:00 - 5:30 pm • \$8 M, \$10 NM per day

## Bus Transportation...

from the Westboro/Shrewsbury service area is available at the rate of \$12/per day/round trip or \$7/each way. No refunds for transportation.

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## Electives

### BULLSEYE!!!

### Archery

Learn basic archery skills from the experts at Archery Plus. They will emphasize safety first and the fundamentals of archery in their indoor range. Stance, proper bow grip, drawing an arrow, anchoring a sight and release with follow through will be the focus on your way to gaining a working knowledge of archery. (Weeks 6, 7, 8) **Additional charge of \$55 per week.**

### GIDDY UP!! Horseback Riding

East Hill Farm Riding Academy will not only teach you horsemanship and riding skills, but they will also teach you how to saddle and groom a horse!

**Must do both weeks:**

(Weeks 1 & 2, Weeks 4 & 5)

**Additional charge of \$290 per 2 week session.**

### TENNIS ANYONE? Tennis

Learn the many skills and techniques of tennis. Beginners are welcome as well as advanced players. We will travel to the Worcester Tennis Club where you will learn tennis from tennis pro Dave Sobel on clay courts. Smooth soled sneakers are preferred. (Weeks 1, 3, 5, 7) **Additional charge of \$85 per week.**

### Golf

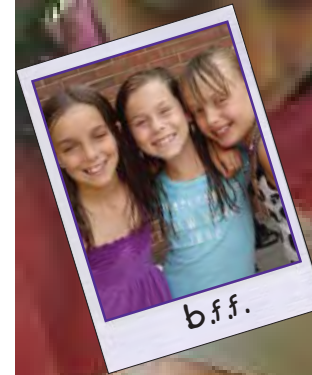
Let Cyprian Keyes PGA golf pros make you a pro. Each golfer will learn the following: proper grip, grip pressure, stance, balance, swing mechanics, short games, long games, woods, irons, bunker play chipping, putting rules, and golf course management. The group will take what they have learned out onto Cyprian Keyes' scenic par 3 golf course. Collared shirt required. (Weeks 3, 5) **Additional charge of \$90 per week.**

### AHOY... Sailing

all you "landlubbers", come sail away with us at the JCC. We will be learning how to sail at Lake Quinsigamond with certified staff that will teach students everything from water safety to tying knots. You'll learn everything you need to know to be "shipshape". (Weeks 2, 3, 4, 6) **Additional charge of \$95 per week.**

### Saori Weaving

Learn to weave using the Saori hand weaving technique. Using a loom, express yourself and let the colors and design flow and unfold! (Weeks 7, 8) **Additional charge of \$150 per week.**



I just love face painting!  
It's cool!



## Electives continued

### Art Exploration

Create sculptural pieces using different mediums. This is a class for expanding spatial thinking and learning structural basics for a lifetime of sculpture making. Projects include techniques in clay, papier-mâché plaster, joint compound and many recycled materials. The perfect elective for architects, engineers, designers and dreamers. (Weeks 1, 5)

### Be A Clown

Bring out the "clown" inside of you with Flippo the Juggling Clown! Learn how to create smiles, laughter, and happiness for others (not to mention yourself!) by making sunny days even brighter! Get an introduction to clown antics including magic, juggling, balloon twisting, face painting, as well as how to create a unique clown character. Warning: the giggles are highly contagious. (Weeks 5, 6)

### Beading Bonanza

Learn basic principles applied to beading or build on your previous learned skills. Using wire and various materials, you will make original jewelry and other works of art. Necklaces, bracelets, wind-chimes...your imagination will lead you! (Week 2)

### Dance Fever

Learn a variety of dance moves and have fun moving to the music with your friends. Hip Hop, Jazz, Tap....experience a little of everything as you dance the time away. (Weeks 3, 5, 6)

### Frisbee Fanatics

Come use a frisbee in a way you've never tried before. Using a frisbee, you may incorporate it in a variety of sports. Play frisbee golf, frisbee football, and frisbee baseball. (Week 8)

### Just Desserts

Measure, mix, bake, taste and take. Cooks will publish their cookbook and enjoy their "just desserts" all week long. (Week 8)

### Making Memories

Learn to scrap book and create memories using different tools & techniques. Organize your special photos in a meaningful way. (Weeks 4, 6)



what a great day  
for sailing!



watch this....a hole in one!

### Net Bound

Campers will become familiar with the fundamentals of "net" games. Learn skills & play matches here at the JCC on our outdoor tennis courts & on the lawn. From volleyball & tennis to badminton to soccer. (Weeks 3, 5)

### NHL Street

It's Exciting....It's Fast Paced!! Drill sessions, fundamental skills with daily games. Our week will culminate with round robin tournament play and fun contests. (Week 2)

### Paper Plus

Learn the process of making paper. Using recycled materials, make special paper to form, design and sculpt an art piece. (Week 3, 7)

### Printmaking

Using Styrofoam, clay and natural materials to make prints. Use your prints to embellish cards and other materials. Let your imagination lead you! (Week 8)

### Sports Fans

If you like variety, this is the elective for you! Choose your favorite... soccer, wiffle ball, football, basketball or tennis. Everyday there's something new and exciting to play at the J. You'll never be bored. (Weeks 1, 4, 6)

### Theatre Arts

Join the JCC's summer children's theatre and discover the adventure of acting. Children will develop skills in acting, singing, movement, stage presence, direction, and improvisation. A production will be performed at the end of the session for parents and campers. **This is a 2-week elective. In order to participate, you must be registered for both weeks 1 & 2 also 3 & 4. No one week participants.**

### Wall Climbing

Climb the 25 foot, outdoor climbing tower. Each side offers its own climbing challenge. Team building, using both physical and mental resources, will be a major focus of this elective. Children will also participate in some basic upper body strength training, which will help them reach new heights in their climbing skills. Children are guided by trained staff. Instruction is provided in the proper use of safety equipment. (All Weeks)

### Write Stuff

Use your skills and be creative. Be a journalist - interview and write about someone of interest. Research a topic & share the information or write a short story. Develop your abilities and formulate ideas and improve your writing skills. (Week 7)

# Sha'ar

Robin Burwick, Director  
David LaChapelle, Assistant Director

## Leaders in Training Program for 7th & 8th graders

Hebrew for "gateway", Sha'ar is designed to bridge the gap between Camp Habonim and the GALIT (CIT) Program. This is the first step towards becoming a camp counselor. The program is designed for campers who desire to have more responsibility and want to work on their leadership skills. The program is also designed to train young men and women to become productive CIT's. Campers entering 7th and 8th grade take part in this program that combines many of the activities and programs of Camp Habonim and segments of the GALIT Program. Sha'ar will include a service project, involve campers in planning programs and also day trips throughout the week.

The program is offered in eight weekly sessions. Our camp setting provides a safe, encouraging atmosphere for teens to discover their abilities. In order to become a member of the GALIT Program, campers must successfully complete the Sha'ar Program.

- Program Highlights:**
- Daily free swim
  - Social action projects
  - Sports and art activities
  - Involvement in planning camp-wide activities
  - Day Trips will be once every week and may include, but not limited to, mini-golf, hiking, boating, roller skating and adventure outings
  - Cookouts
  - Use of the Climbing Tower



fun with friends  
in sha'ar

### Sha'ar Sessions:

- Week 1.....June 21 - June 25
- Week 2.....June 28 - July 2
- Week 3.....July 5 - July 9
- Week 4.....July 12 - July 16
- Week 5.....July 19 - July 23
- Week 6.....July 26 - July 30
- Week 7.....August 2 - August 6
- Week 8.....August 9 - August 13

**Monday - Friday  
9:00 am - 4:00 pm**

Weeks 1 - 8 - \$210 M, \$240 NM

# Galit

Robin Burwick, Director  
David LaChapelle, Assistant Director

## CIT - Counselor in Training Program for 9th & 10th graders

**Galit (Guidance and Leadership in Training)** is an innovative program for teens entering 9th and 10th grades designed to teach skills in working with younger children, as well as peer relations, child development, and leadership.

**Galit** helps to prepare teens to be camp counselors.

- **Galit** teens will work with a supervisor to gain and hone their skills within their assigned groups.
- **Galit** teens will accompany camp groups to electives as well as help during on-site camp activities.
- **Galit** teens will have weekly meetings that touch on child development, leadership, and being a great counselor.
- **Galit** teens will go on one, one day outing per camp week.
- **Galit** teens must sign up for a four week period, either session A or session B, or the full eight week period.

If you are interested in applying for a position please call David LaChapelle at 508-756-7109 x 231 for an application and fill out the camp registration form. After the application is reviewed, an interview will be required for entry into the program. Limited space is available

### Galit 4-week Sessions:

- Session A: June 21 - July 16
- Session B: July 19 - August 13

**Monday - Friday  
9:00 am - 4:00 pm**

Session A - \$420 M, \$475 NM  
Session B - \$420 M, \$475 NM



fun with friends  
in galit