



# MEMBER

## Appreciation Week



**March 11—16**

Raffle prizes throughout the week! Special contests each day!

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|--------------------|---|
| Sunday, Mar 11:    | <b>Morning Treats in the fitness center</b><br>8am—10am |
| Monday Mar 12:     | <b>Free 10 minute chair massage*</b><br>10am—1pm        |
| Tuesday, Mar 13:   | <b>Hang out with us in the courtyard*</b><br>12pm—2pm   |
| Wednesday, Mar 14: | <b>Breakfast at the JCC</b><br>9am—11:30am              |
| Thursday, Mar 15:  | <b>Evening treats in the courtyard*</b><br>6pm—8pm      |
| Friday, Mar 16:    | <b>Fruit, cheese and water</b><br>6am—9am               |

Bring a friend for free all week! Limit one friend per member.  
Program fees do apply.

\*During inclement weather, it is in the lobby.

Worcester

